

Annual Report 2020

Blossom Seeds Limited

UEN 201304904N

(Charity with IPC status)



Blossom Seeds
福善

To Serve with Love and Care



Our Vision

A compassionate community where everyone blossoms.



Our Mission

To care for seniors with love and support them to actively care for others.



Our Objectives

- Support frail and home-bound elderly to live in the community despite their frailty. (MET-AIC)
- Engage & recruit active seniors to be volunteers, empower them to serve the needy elderly. (SVP – C3A)
- Engage the seniors to embrace a purposeful life by ageing positively and continue to lead healthy and active lives while they advance in age. (Active Ageing Programmes)
- Promote active ageing and cultural awareness through the learning of different cultures amongst multi-racial seniors. (Cultural Programmes - Community Chest)
- Provide structured befriending services and psycho-social support through active volunteers in the community for needy elderly and their caregivers. (CBP – C3A)
- Be the key point of contact for social-health matters for clients and their caregivers. (AAC – AIC)
- Promote and encourage community participation in caring for the needy elderly.

Active Ageing Centre (AAC)



Escorting Senior to the Polling Station

Telephone calls during Circuit Breaker

Community Befriending Programme (CBP)

Helping Seniors to go Digital

Exercise with Frail Seniors

Respite from Home after Circuit Breaker

Befriending Seniors who have no or little Family Support

Support from Silver Generation Office (AIC)

Reading letters for Seniors

Offered 2 units at 105 Canberra Street as Activity Centre for Seniors

Active Ageing Programmes

Racial Harmony Day by MICRON

National Day Celebration by GOVTech

IFTAR Celebration at Blossom Seeds Centre

Intergenerational Programmes by Youth Corps Singapore

Centre after Renovation Phase 2

Daily Exercises Online and Onsite

Gym Tonic Sponsored by Lien Foundation



Achievements

GIVE FREELY.
LIVE FULLY.



Awarded President Challenge 2021



Digitalisation and Transformation



Digital Programme awarded by President Challenge 2021

SSAs Continued Meeting Needs of Service Users Amidst COVID-19



Launch of Online Programmes endorsed at NCSS AGM 2020



Live Stream of Daily Activities



Seniors dance during Online Fundraising



Online Intergenerational Programmes by Canberra Secondary School



HR & Accounting System for Productivity Supported by NCSS



Multi-Purpose Card System Supported by NCSS



Wheelchair Enabled Bus Supported by NCSS & Tote Board

Medical Escort & Transport (MET)



Third Wheelchair Enabled Bus Sponsored by Mr Alex Ong and Ms Irene Lee



MET Support from President Challenge 2019



Minister for Transport Mr Ong Ye Kung as Volunteer Driver



Service continue during Circuit Breaker



Medical Appointments Assisted by Senior Volunteers (Blossom Kaki)



First Wheelchair Enabled Bus Sponsored by ComfortDelGro



GIVE FREELY.
LIVE FULLY.



Awarded President Challenge 2019

Community and Fundraising



Compassionate Journey
Made Possible ~ Flag Day
Livestream 2020



Media (Zaobao)

Fundraising and Donations



MICRON Donation
during COVID-19



Blossom Tribute
2019

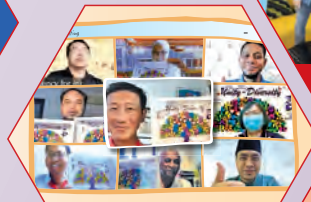


Lien Foundation
COVID Fund



Blossom Tribute
2019

JSS, SGUnited and COVID-19 Budget 2020



Blossom Vesak
2021



Ramadan Drive
Grocery Distribution with
Assyafaah Mosque



We+65 with
Youth Corps Singapore

Community Engagements



Singapore Management
University GIS Capstone
Project



Dialogue with DPM Heng
on "Building our Future
Singapore Together"



CNY Giftpack Distribution 2021
supported by BW Monastery,
Assyafaah Mosque & PA



Collaboration with
Blossom World Society



Vesak Grocery Distribution
Post Circuit Breaker



Vaccination Survey
for Seniors



Blossom Seeds G.R.E.A.T. Values

GRATITUDE

Gratitude towards beneficiaries for opportunity to contribute and all partners for support

RESPECT

Respect others choices, regardless of their race, religion, ability and aptitude

EMPATHY

Putting oneself in the shoes of others

ADVANCEMENT

Personal advancement & organization advancement to provide quality care

TEAMWORK

Teamwork within the organisation and collaboration with partners

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Corporate Information

Blossom Seeds Limited (BSL) was set up by members of BW Monastery (Singapore). It was registered as a company limited by guarantee on 22 February 2013.

We obtained our charity status from the Ministry of Social and Family Development (MSF) in April 2016, and became a full member of National Council of Social Service (NCSS) the same year in December 2016.

BSL was accorded the Institution of Public Character (IPC) status with effect from February 2017.

BSL has M&AA as its governing instrument.

Registered Address

105 Canberra Street, #02-01, Singapore 750105

Bankers

Development Bank of Singapore
United Overseas Bank

Auditors

Fiducia LLP

Corporate Secretary

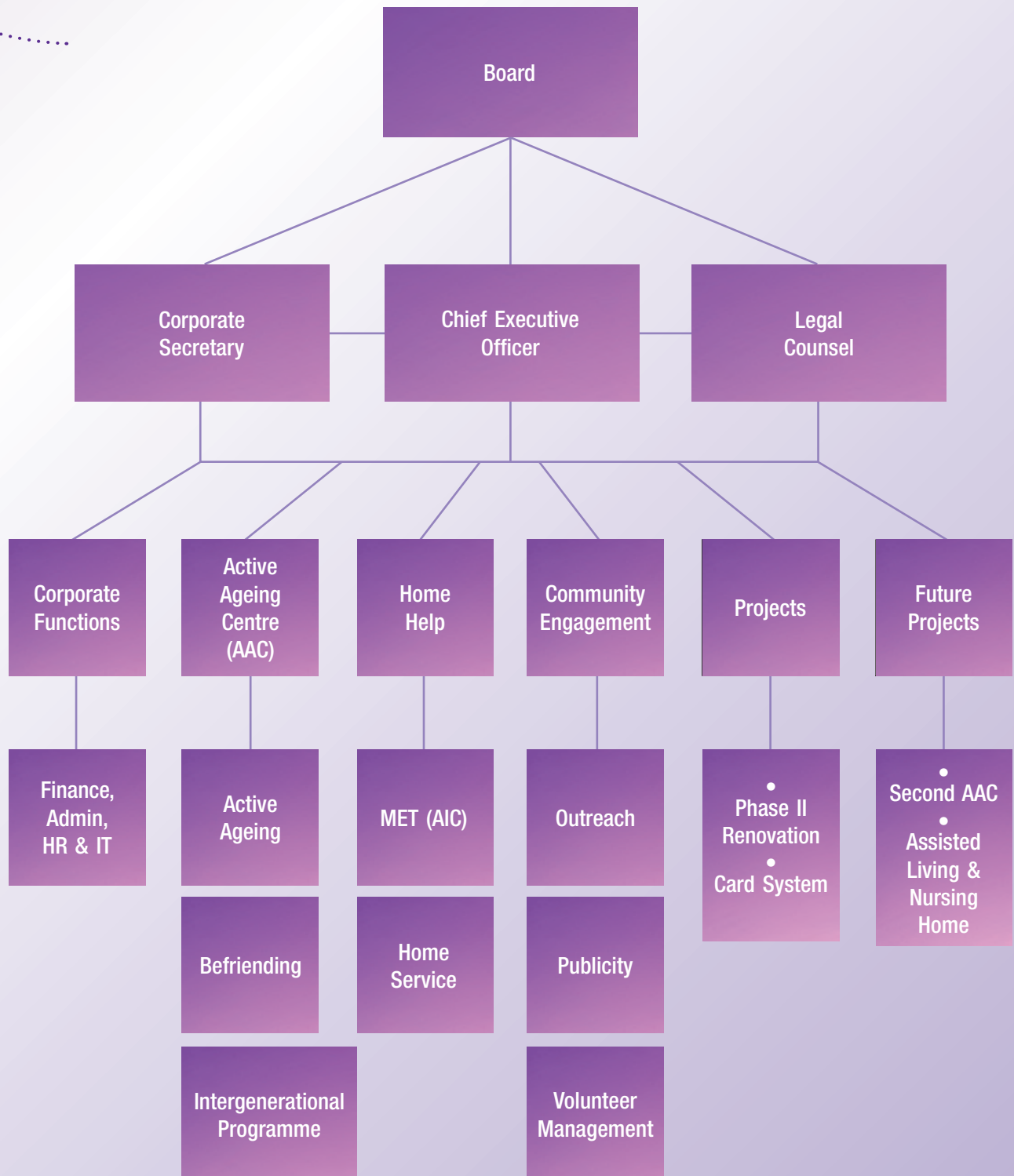
Mr Lim Chin, Global Corporate Solutions Pte Ltd

Legal Counsel

Mr Henry Hoe, A. Ang, Seah & Hoe Advocates & Solicitors,
Notary Public & Commissioners for Oaths

Blossom Seeds Limited

Organisation chart for 2021





Chairman's Message

Blossom Seeds (BSL) has faced very challenging times with the advent of COVID-19 Pandemic. It has made us adapt and innovate to serve our senior beneficiaries.

We are very pleased to be awarded the President's Challenge 2021 (PC2021) to empower vulnerable groups by "Building a Digitally Inclusive Society"

We are deeply grateful for the support of all the agencies including Agency for Integrated Care (AIC) and National Council of Social Service (NCSS) in providing us the essentials for our programmes. We also received support from all our donors including Lien Foundation and MICRON, who provided us with the funds promptly during the moment of Pandemic crisis.

Review of Financial Results

For the year ended 31 December 2020, BSL had an income of S\$1,400,000 as compared to S\$2,590,000 in 2019, with the latter due to the Community Silver Trust (CST) matching of \$980,000 in 2017 & 2018.

All our planned physical fundraising events were cancelled. With the various government schemes and initiatives in Budget 2020, we managed to generate a surplus of S\$300,000. We have to tighten our operation expenses to prepare for the difficult year ahead with COVID-19 unabating.

Future Outlook

We expect a very challenging year ahead to raise funds. Our Blossom Vesak 2021 was held online in May and we are looking forward to the upcoming Flag Day in November 2021.

Appreciation

On behalf of the Board, we wish to thank our President Halimah Yacob for extending her warmth and care to the seniors with her visit to our centre pre-COVID. We would also like to thank Mr Ong Ye Kung, Minister for Health, who was our Guest of Honour at our Blossom Vesak 2021 and Flag Day 2020.

I would like to express my heartfelt appreciation to our Board Members, volunteers and staff for their dedication in this trying period. Thanks also to our Community partners, People's Association (PA), Sembawang Central Grassroot, Assyafaah Mosque, Holy Tree Sri Balasubramaniam Temple, Schools, PC 2021, MSF, MOH (AIC, C3A), NCSS (Community Chest), Tote Board, sponsors, donors and stakeholders for their continuous support.

With gratitude

Aw Cheow Thiam

16 June 2021

主席致词

过去一年，福善在面对新冠疫情的挑战，提升了我们服务年长者的适应与创新的能力。我们很高兴获得2021总统挑战 (PC2021)，帮助弱势群体数码化，“建立一个具有包容性的数码社会”。

我们要感谢有关当局包括综合护理机构 (AIC) 与国家服务理事会 (NCSS)，在我们各项计划上一直给予的支持。除此，也要感谢在这艰难疫情间，各机构，捐助者，包括连氏基金会和美光 (MICRON) 慷慨解囊，在这危急时刻给与支持。

财务业绩报告

2020年，福善收入为S\$1, 400,000，对比2019年S\$2, 590, 000。2019年盈余主要来自于2017年和2018年社区乐龄基金 (CST) 1元对1元的补贴。总额S\$980,000。

因疫情，我们所有实体筹款活动都已取消。在政府不同计划和津贴的资源下，福善盈余为S\$300,000。往后我们必须锁紧运营开支，为疫情的负面影响，做好准备。

未来展望

在冠疫情笼罩下，我们预计2021年的筹款活动都会面临极大的挑战。除了2021年在卫塞节举办的线上筹款，我们期待即将在11月到来的售旗日。

致谢

我谨代表董事会感谢我们的总统哈利马·雅各布 (Halimah Yacob)，感谢她在 COVID 之前访问我们的中心，向年长者递上温暖和关怀。我们也要感谢卫生部王乙康部长做为我们 2021 年卫塞节《各家齐聚 万众同心》和 2020 年售旗日的主宾。

我也要对我们的董事会成员、义工和工作人员在这个艰难时期的表示衷心的感谢。我还要感谢社区合作伙伴、人民协会 (PA)、三巴旺中央基层领袖、Assyafaah 回教堂、Holy Tree Sri Balasubramaniam Temple、学校、2021 年总统挑战 (PC 2021)、社会与家庭发展部 (MSF)、卫生部 MOH (AIC、C3A)、国家福利理事会 NCSS、公益金 (Community Chest)、新加坡赛马博彩管理局 (Tote Board)、赞助商、捐助者和很多有关者的持续支持。

感恩！

胡诏添

2021年六月十六日



CEO's Message

Coronavirus (COVID-19) delivered unprecedented challenges. It has made us react in agile and innovative ways, transform and move forward.

2020 Operational Highlights

To ensure that our vulnerable seniors could continue to go for their medical appointments throughout the Circuit Breaker (CB), we enhance our infection and control precautions to comply with the measures issued by the Ministry of Health to stay safe and well. Our MET trips increased by 70% and the number of beneficiaries increased by 30% for 2020. We are getting our third wheelchair enabled bus to support more beneficiaries to meet the demand in Sembawang GRC. The third bus is also awarded the President Challenge 2019.

For the frail seniors who are with limited social support under our community befriending programme (CBP), we tap into technology to connect them and build a virtual community. This in turn helps to open up another world of learning & meaningful daily living for the seniors.

Our centre launched the Active Ageing activities online daily for our seniors while our centre remained close to ensure that the seniors stay connected and active while at their own homes.

With effect from 3 May 2021, we will onboard the enhanced AIC Active Ageing Centre (AAC) model to serve as the go-to point for all seniors. This will provide Active ageing programmes, Befriending, and Care & support for Seniors with Needs. We also look forward to having a second new AAC in Sembawang GRC with AIC endorsement.

We have completed Phase II of our Centre renovation in April 2021. We will launch our newly renovated facilities/rooms with name adoption soon to raise funds.

With the help of the agencies and partners, we have supported the senior volunteers and beneficiaries to embrace the digital platforms through NCSS Invictus Fund.

With timely SG United and NCSS initiatives on manpower funding, our staff strength increased from 16 to 22 in 2020. This will help us to build our capabilities to ensure care and wellbeing of senior beneficiaries in the midst of Covid 19 Pandemic.

Future Outlook with COVID-19

COVID-19's second wave outbreak resulted in the introduction of Phase 2 (Heightened Alert) as of May 2021. We again appeal for your kind donations. We are focus in our vision to walk with our seniors till their last moments. Our future care will be the new model of assisted living homes & eventually nursing home for the needy seniors as our goal.

Tribute and Thanks

The support for the seniors would not have been possible without our team including volunteers. Their commitment and dedication towards the seniors despite these anxious times have been unwavering and helped us to pull through the Circuit Breaker (CB). Together, we will strive to achieve a compassionate community where everyone blossoms.

With gratitude

Ong Siew Chin

16 June 2021

执行长致词

冠状病毒 (COVID-19) 带来了前所未有的挑战。它使我们以敏捷和创新的方式做出应对、转变和前进。

2020年经营亮点

为确保患有慢性疾病的弱势年长者能够在整个阻断期间(Circuit Breaker)继续接受医疗，我们的医疗护送服务 (MET) 制定了业务连续性计划并加强了感染和控制预防措施，并遵守 卫生部的条例和程序。这是为了确保所有人的安全和健康。在2020 年，我们的医疗护送服务行程增加了70%，受益人增加了30%。我们将购买第三辆配备轮椅的巴士，以支持更多的弱势年长。这第三辆车也获得2021总统挑战 (PC2021)的支持。

对于我们社区伙伴计划(CBP)下所关怀的孤立年长者，我们运用了高科技，通过网络平台，将他们联系起来，并建立一个虚拟社区。这也为年长者打开另一个学习世界，也让他们的生活更充实。

我们中心关闭期间，我们还是每天为年长者在线上推出一系列活跃乐龄的活动，以确保年长者在自己家中，互相照应和保持活跃。

自 2021 年 5 月 3 日起，我们将加入AIC 活跃乐龄中心 (AAC) 的新计划。中心将提供一系“ABC”的服务——包括活跃老龄活动、伙伴服务，以及提供各关怀给有需要的年长者。我们也期待在三巴旺集选区有第二个 活跃乐龄中心 (AAC) 。

我们中心的第二阶段装修工程已完成。这会为年长者提供一个共同学习和相互支持的平台。我们希望邀请更多人赞助其他活动室。

在不同的机构和合作伙伴的协助下，我们支持年长义工和受益人加入数码平台。这不仅让我们中心的

活跃年长者，也给限于居家的弱势年长者，在线上参与活动。

在 SG United 和 国家福利理事会 (NCSS) 的支持下，我们的员工人数从 16 人增加到2020年 22 人。这将帮助我们在疫情时期能支持更多的年长者。

COVID-19笼罩下未来展望

COVID-19 的第二波爆发导致2021 年 5 月启开第 2 阶段（加强警报）。我们再次呼吁您的支持和善意捐赠。我们的愿景是陪伴年长者一起走到最后一刻。让我们的关怀延申到他们的住所，疗养院或年长者新型辅助生活之家。

致敬和感谢

如果没有我们的团队（包括义工），我们没有办法服务年长者。尽管在这焦虑时期，他们对年长者的承诺和奉献精神一直没有动摇。因为这团队之间的互助精神，才帮助我们度过了阻断期间。让我们一起携手共创让每个人都能绽放的一个有同情心的社区。

万分感恩。

翁秀卿敬启

2021年六月十六日

Leadership

- Board Member



Mr Aw Cheow Thiam Chairman

Occupation : Buddhist Fellowship Exco Member
IRCC for Bedok Reservoir-Punggol

Date of Appointment : 21 September 2015



Ms Ong Ai Lian Treasurer

Occupation : Panasonic Asia Pacific Pte Ltd
Senior IT Business Analyst,
APAC IT Strategic Planning

Date of Appointment : 2 February 2021



Dr Pua Hwee Leng Director

Occupation : BW Monastery
Lecturer in Training & Development
KK Women's and Children's Hospital
Visiting Consultant Paediatric Anaesthesiologist

Date of Appointment : 21 September 2015



Dr John Zaw Min Director

Occupation : Singapore University of Social Sciences,
Singapore Polytechnic and BCA Academy
Adjunct Lecturer

Date of Appointment : 28 June 2017



Ms Hazel Tan Chiew Hoon Director

Occupation : BW Monastery
Associate Lecturer in Training & Development

Date of Appointment : 28 June 2017



A/Prof Wong Yee Chee Director

Occupation : NUH
Senior Consultant Obstetrician & Gynaecologist

Date of Appointment : 12 April 2017



Mr David Lee Chin Chye Director

Occupation : Social Entrepreneur
Date of Appointment : 9 May 2018



Ms Nancy Chua Mui Kiang Director

Occupation : Business Owner
Date of Appointment : 4 October 2018



Mr Teo Kim Swa Director

Occupation : Arya Architects
Principal Architect
Date of Appointment : 12 October 2019



Ms Goh Sock Choo Director

Occupation : Eng Lee Engineering Pte Ltd
QA/QC Manager
Date of Appointment : 12 October 2019



Mr Thet Naing Kyaw Director

Occupation : Seagate Singapore International Headquarters Pte Ltd
Senior Manager
Date of Appointment : 12 October 2019



Ms Ferlin Yeo Mui Hoon Director

Occupation : IQVIA
Director, Finance
Date of Appointment : 2 February 2021

Our Committees

Fundraising & Events Committee	Programme Committee	Human Resource Committee
Mr Aw Cheow Thiam Ms Ong Ai Lan Mr Lee Chin Chye (David) Dr John Zaw Min Ms Tan Chiew Hoon (Hazel) Mr Teo Kim Swa Ms Chua Mui Kiang (Nancy) Ms Ong Siew Chin	Dr Pua Hwee Leng Prof Wong Yee Chee Ms Goh Sock Choo Mr Thet Naing Kyaw Dr Chow Khuan Yew Ms Ong Siew Chin	Ms Tan Chiew Hoon (Hazel) Mr Aw Cheow Thiam Mr Lee Chin Chye (David) Ms Ong Ai Lan Mr Lim Meng Kwang (Alvin) Ms Ong Siew Chin
Finance Committee	Nomination Committee	Audit Committee
Ms Ong Ai Lan Mr Aw Cheow Thiam Mr Thet Naing Kyaw Ms Ong Siew Chin	Ms Tan Chiew Hoon (Hazel) Mr Aw Cheow Thiam Mr Lee Chin Chye (David) Ms Ong Ai Lan Ms Ong Siew Chin	Mr John Zaw Min Ms Yeo Mui Hoon (Ferlin) Mr Teo Kim Swa Ms Goh Sock Choo
Projects & Technology Committee		
Mr John Zaw Min Mr Teo Kim Swa Mr Lee Chi Chye (David)	Mr Aw Cheow Thiam Ms Ong Ai Lan Mr Thet Naing Kyaw	Ms Ong Siew Chin Mr Cheng Yau Tong Mr Chan Mun Hoe

Our Management Team

Name	Role	Date Joined
Ms Ong Siew Chin	Chief Executive Officer	1 Nov 2017
Ms Chong Meng Lee	Active Ageing Centre, Senior Manager	6 May 2019
Ms Wang Li Li (Joyce)	Befriending Manager	1 Jul 2019
Ms Christina Lim Shee Poh	Home Help Manager	1 Dec 2020
Mr Poon Kok Wah (William)	Programme Manager	1 Dec 2020
Mr Lai Han Chye (Ken)	Snr Volunteer Manager	1 Dec 2020
Ms Chong Hui Main (Lydia)	Volunteer Manager	4 Jan 2021
Mr Lim Meng Kwang (Alvin)	Counsellor	1 Sep 2018
Ms Ong Siew Chin	Acting Finance Manager	1 Nov 2017

Our Staff



Training and staff retreat supported by Eagle Infotech Consultants Pte Ltd at Oasia Hotel Downtown on 12 & 19 March 2021.



Highlights of the Year

First Visit by President Halimah Yacob to Blossom Seeds Centre Pre-Circuit Breaker (COVID-19).

Blossom Seeds is delighted and honoured to have our President Halimah Yacob to grace us with her visit to our centre at Canberra on Saturday 8 February 2020, much to the delight of the seniors.



Supported and guided by the youth volunteers from Youth Corps Singapore (YCS), she helped to reinforce the message of good personal hygiene practices to protect ourselves.

Ensuring Service Continuity Throughout Circuit Breaker (CB)

To ensure that our vulnerable seniors who had chronic medical conditions could continue to go for their medical appointments throughout the Circuit Breaker, the younger staff from other programmes were rostered in to support the MET service, while the senior volunteers were encouraged to stay at home.



For seniors with limited social support, the team made weekly calls to seniors and checked on them to find out if they require any assistance. Supported by the Agency for Integrated Care, meals were delivered to seniors as they could not leave the house.



First Ramadan Grocery Drive (Circuit breaker)

It is a very challenging times for the needy families and a very different Ramadan during Circuit Breaker.

We are grateful to be able to support Assyafaah Mosque in their Ramadan Drive for the first time, to put food on the table for more than 200 needy families in Sembawang GRC.



Programmes Went Live-stream (Post Circuit Breaker)

As the seniors are unable to come to the centre, the team live-stream the activities on social media to allow the seniors to stay connected with the activities held in the centre daily. We appreciate the special mention of Blossom Seeds doing livestream by President, Ms Anita Fam during the NCSS Annual General Meeting (AGM) 2020.



First Online Fundraising Event ~ A Compassionate Journey Made Possible

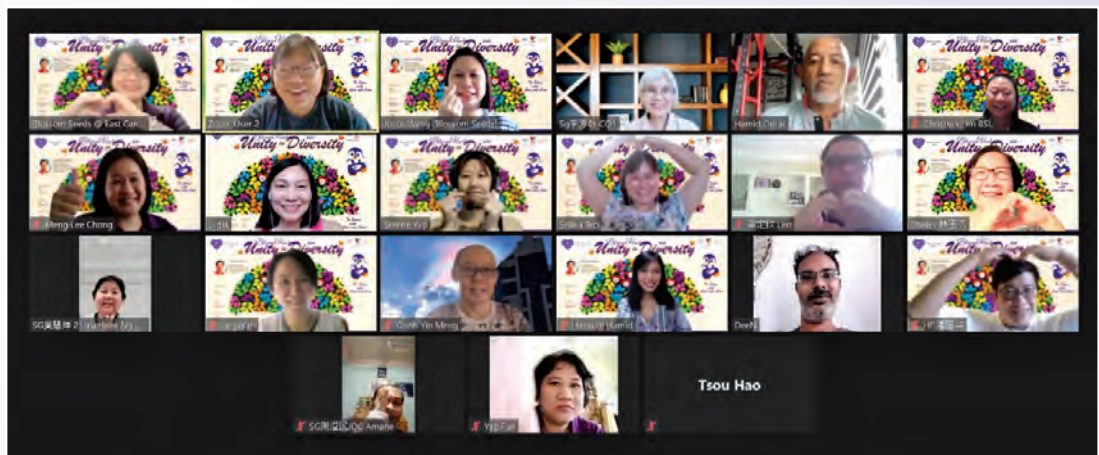
Blossom Seeds was allotted 7 November 2020 for our Flag Day for the first time. Unfortunately, street collections were not permitted due to COVID-19. We adapted the event to do an online fundraising instead. As a result, we could continue to raise funds to serve the vulnerable seniors to seek medical help for their chronic conditions.

Many thanks to Mr Ong Ye Kung, Minister for Transport for volunteering to drive the beneficiary for her medical appointment in our wheelchair enabled bus to hospital.



Connectivity and Productivity Through Digitalisation

The COVID-19 Pandemic has accelerated the adoption of digital technologies. All staff and volunteers (including senior volunteers) were taught to access online platforms for meetings, workshops and the monthly trainings that went on throughout the CB.









With the help of various partners, the team helped beneficiaries without smart devices to purchase their phones, set up internet access in order to join us for our online programmes. With Phase II (Heightened Alert) in May 2021, the seniors can now join us online.

Completion of Centre Renovation Phase II

Since early 2020, many meetings have been held to discuss the design of the centre to ensure that it is purpose-built to meet our programme needs. COVID-19 Pandemic upset the plans. The design was changed to incorporate safe distancing measures, more natural ventilation, contact-less solutions and operational changes for livestream of activities to the seniors at their own home by zoom and FB. It also enhances energy saving devices and safe advisory entry for contact tracing in view of Covid 19.

Renovation started in December 2020. Despite challenges and delays due to the pandemic, it was finally completed in April 2021. The renovation gave the centre a refreshing and vibrant atmosphere. It allows us to serve seniors in a greater capacity and provides the best services to the seniors to meet their needs.

Before	After
<p>Stage</p> 	
<p>Activity Area</p> 	
<p>Pantry</p> 	

Blossom Seeds Centre as an Active Ageing Centre (AAC)

With effect from May 2021, Blossom Seeds will adopt the Active Ageing Centre (AAC) model, serving seniors in Sembawang Central.

Blossom Seeds will serve as the go-to point for all seniors in the community and provide an “ABC” suite of services- consisting of Active Ageing for well & active seniors, Befriending or buddying for seniors with no or limited social networks, and Care & support for Seniors with Needs.

Active Ageing Programmes (Onsite and online)



Befriending

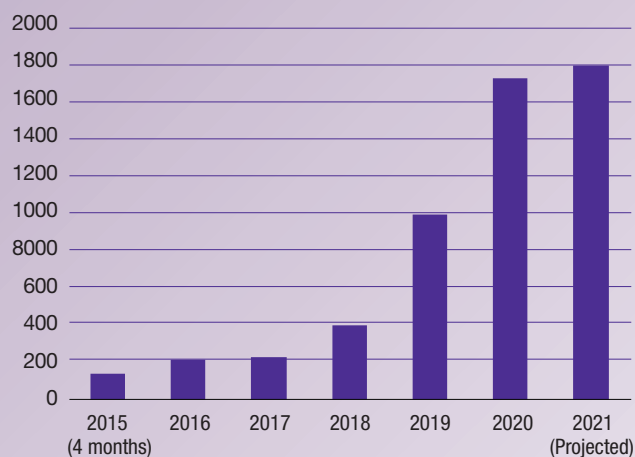


Care needs



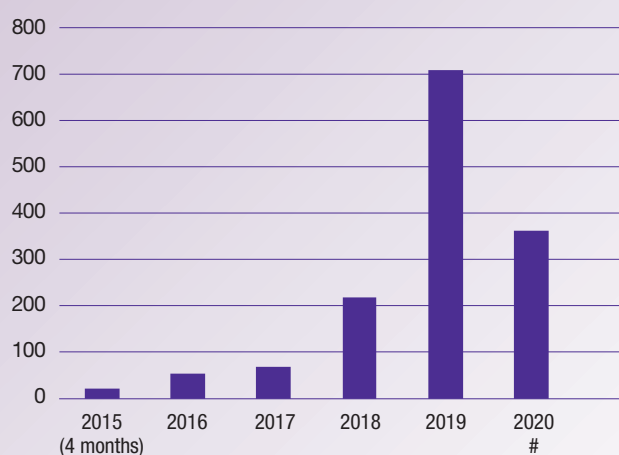
Highlights of the Year

Medical Escort & Transport (MET)



No. of trips made for Medical Appointments

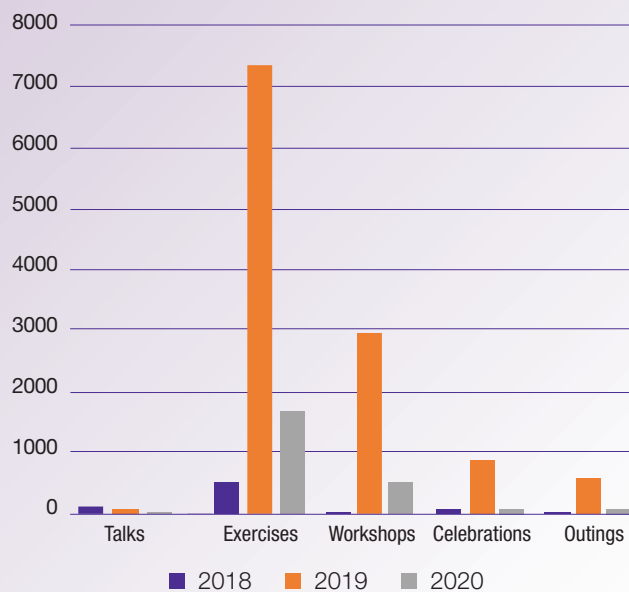
Befriending



Befriending Visits

Physical visits were put on hold due to COVID-19. Approximately 1600 calls were made to the seniors in 2020.

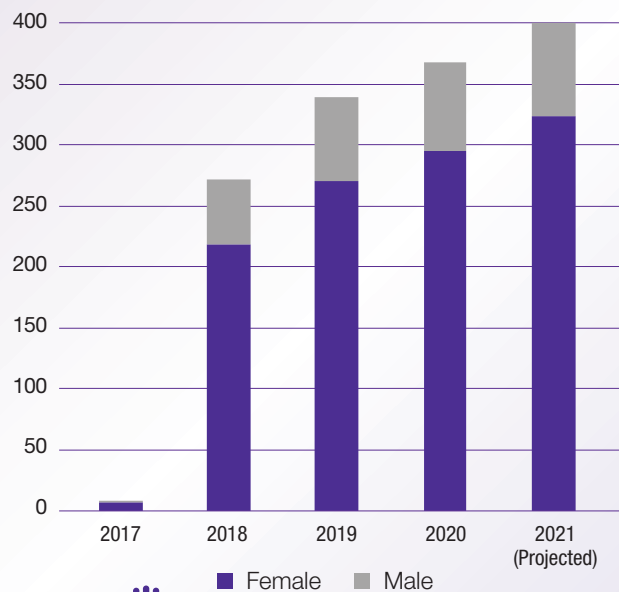
Active Ageing Programmes



No. of Participants (Physical Attendance)

Activities went online during the COVID-19

Blossom Kaki (Senior Volunteerism) Programme



No. of Senior Volunteers

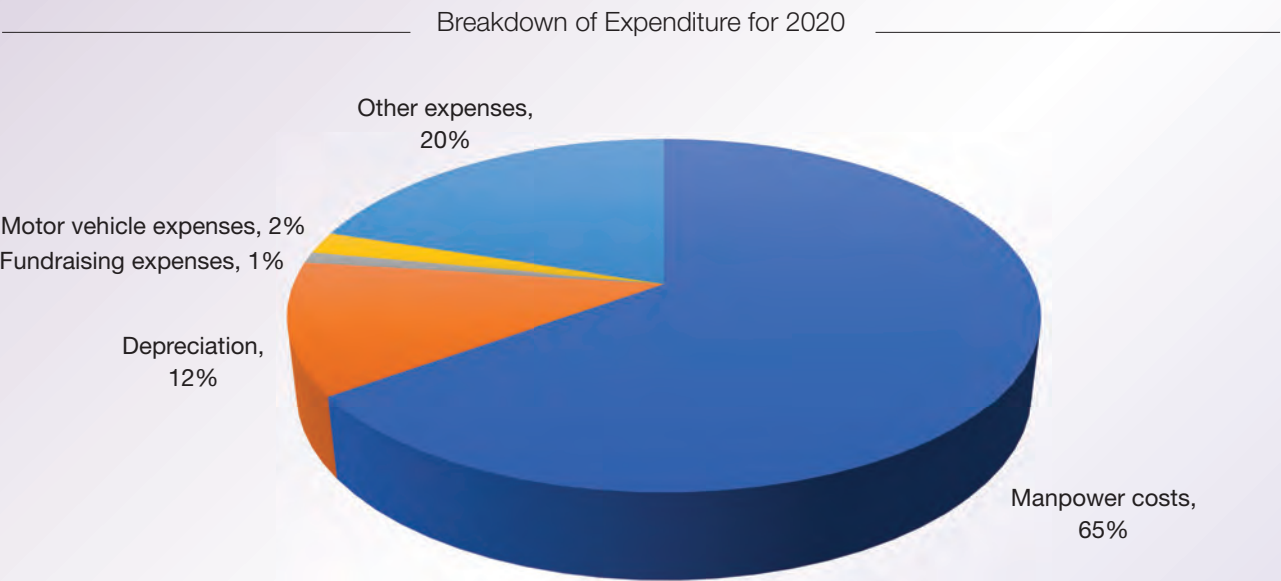
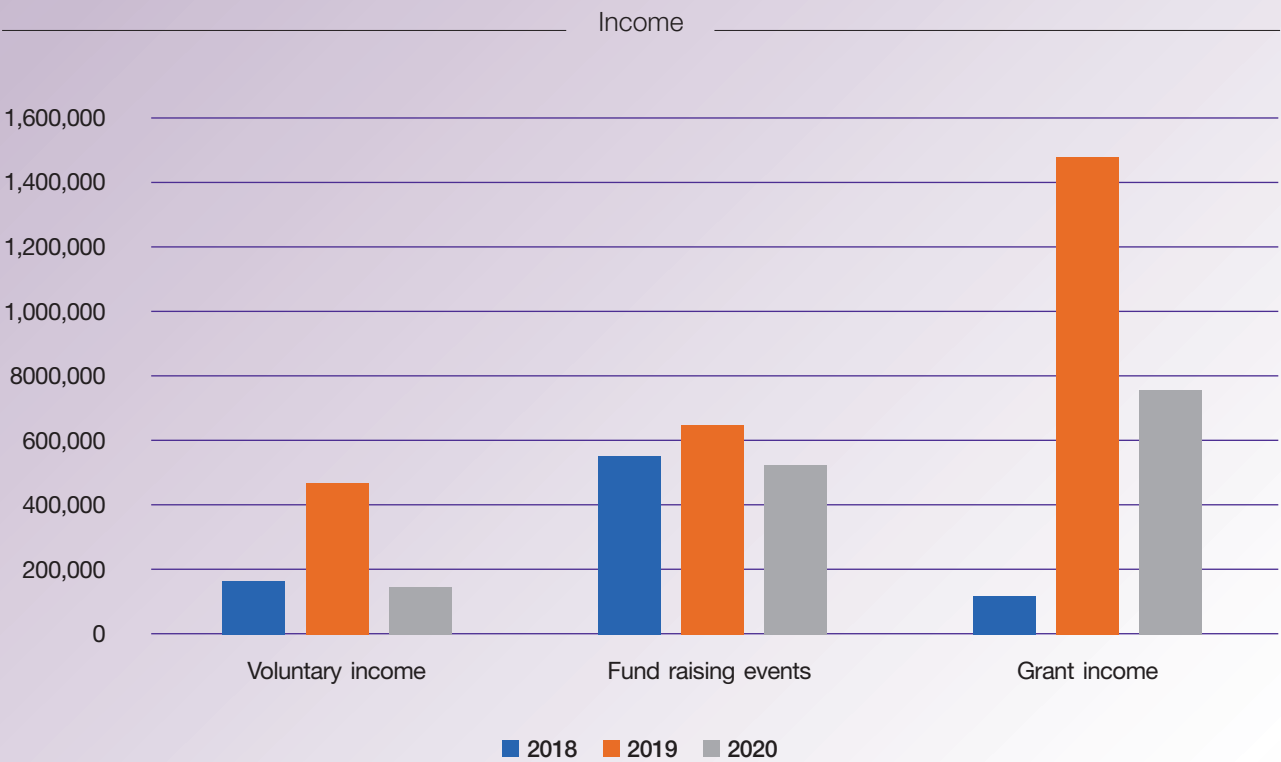
Financial Highlights

Income for the year decreased mainly due to the unprecedented COVID-19 pandemic which affected Blossom Seeds. Donations plunged as all physical fundraising events had to be cancelled. With the support from foundations and corporates as well as the various government support schemes, we were able to achieve a small surplus.

Expenditure for 2020 is higher despite the cancellation of fundraising events mainly due to the higher manpower costs with an addition of 6 staff. On the other hand, continuity of our programmes becomes even more important during such difficult times. Medical escort trips increase and we embrace a whole new digitised active ageing activity. Staff costs increase due to hiring of new staff to support the Government's initiative to provide traineeship and relief to those whose employment are affected by COVID-19.

Income	2020	2019	2018
Voluntary Income	148,000	470,000	160,000
Fundraising events	519,000	636,000	505,000
Events and activities	2,000	7,000	46,000
Grant income	747,000	1,472,000	110,000
Other income	-	6,000	2,000
Total Income	1,416,000	2,591,000	823,000
Expenditure			
Fundraising expenses	10,000	112,000	133,000
Event expenses	6,000	8,000	30,000
Cost of charitable activities	1,069,000	947,000	441,000
Governance & other administrative costs	25,000	15,000	28,000
Total	1,110,000	1,082,000	632,000
Net Surplus	306,000	1,509,000	191,000

Statement of Financial Activities



Medical Escort & Transport (MET), Partnering Agency for Integrated Care (AIC)

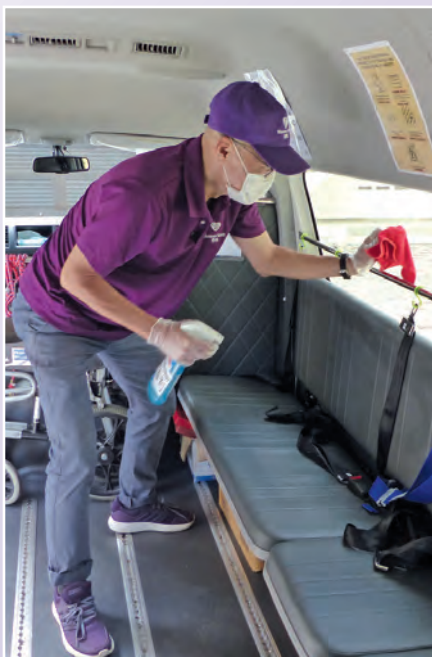
Blossom Seeds home based programme aims to bring care to the door step of the elderly so that they can live and age well at home and in the community.



The profile of seniors whom we served are

- Seniors who are on ComCare Long-Term Assistance
- Unable to hold a permanent full-time job
- Aged 55 and above
- Ill or disabled
- With little or no income
- With little or no family support.

Other than bringing them for their medical appointments, we also help them with basic essentials such as grocery shopping, house cleaning, haircutting, collection of tokens, amongst others.



Supporting Homebound Seniors to Stay Active



Mdm Salbiah Binte Mohamed, 76

Throughout the Circuit Breaker, appointments could not be postponed and the service continues with safe distancing measures in place.

Mdm Salbiah Binte Mohamed, 76 years old, got to know Blossom Seeds in 2019.

Her husband has passed away and she was also down with chronic medical conditions. She stays with her brother who was also unwell and unemployed. She has limited family support as one of her sons is sick and unemployed. The other son is the sole breadwinner and has to work to support her and his family.



Other than receiving the Medical Escort service, she also attends activities at our centre. She benefited from the digital clinic and is able to use her mobile phone to go online. She also participates in our We+65 programme by Youth Corps Singapore (YCS) and learnt many things from the youths.

Due to Phase II (Heightened Alert), she is unable to participate in the activities physically, but she is glad that she can now join in the activities online using zoom.

Despite her health challenges, she is happier and looks forward to the Saturday programme. She shared that, "I feel young being around with the kids."

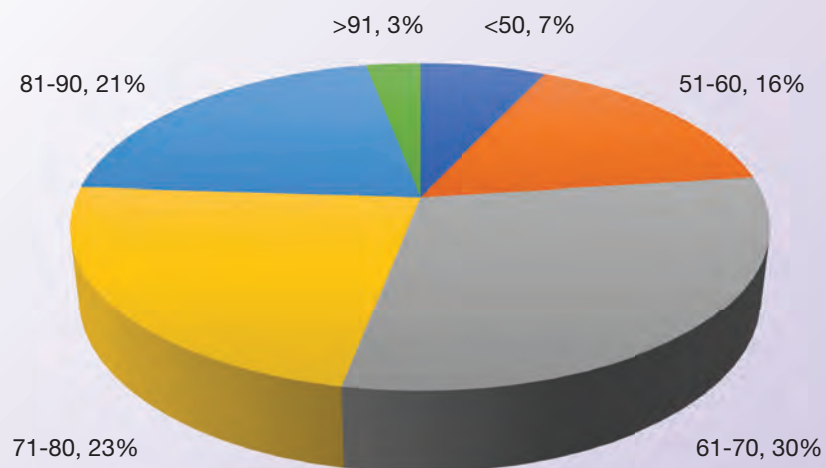
Impact in 2020

Majority of the beneficiaries whom we served are financially needy with multiple chronic conditions. Our current two wheelchair-enabled buses served around 1800 trips per year and we will be getting our third vehicle to serve more beneficiaries in Sembawang GRC.

Despite COVID-19, there is a 30% increase in beneficiaries and 70% increase in the trips for the year 2020.

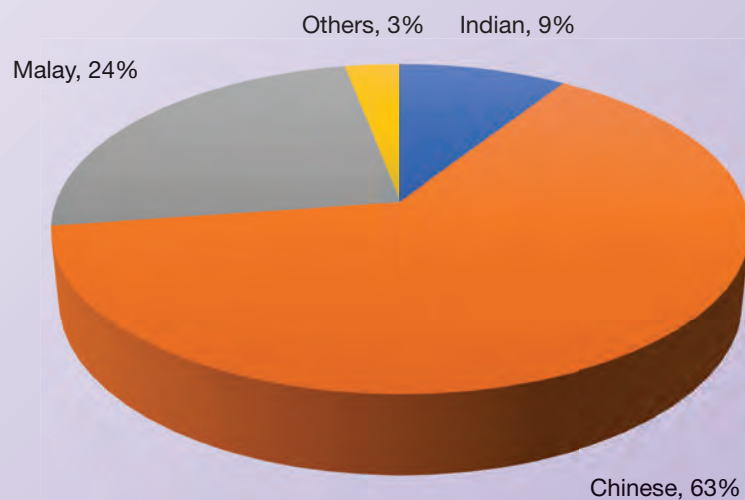
Profile of the Senior Beneficiaries

PROFILE BY AGE

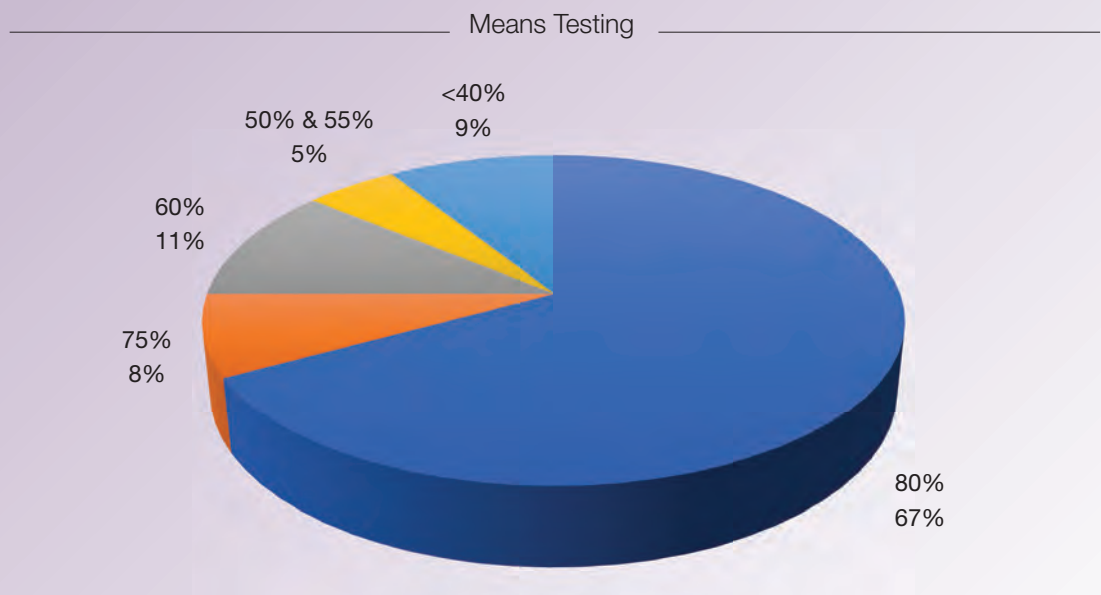


A quarter of the beneficiaries are 80 years and above.

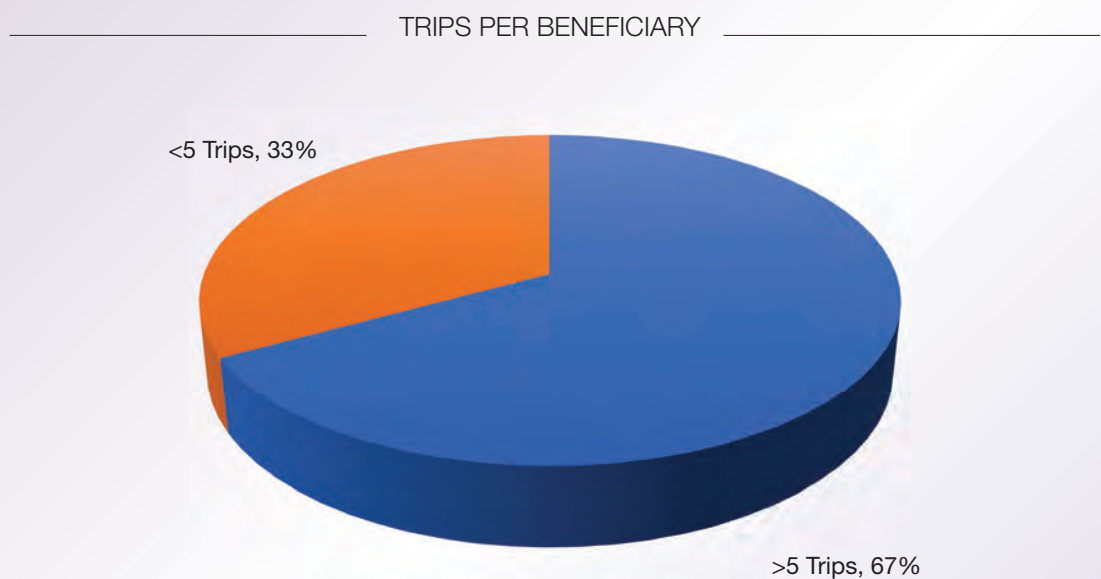
PROFILE BY RACE



More than $\frac{3}{4}$ of the beneficiaries are financially needy and require subvention of up to 75% or more.

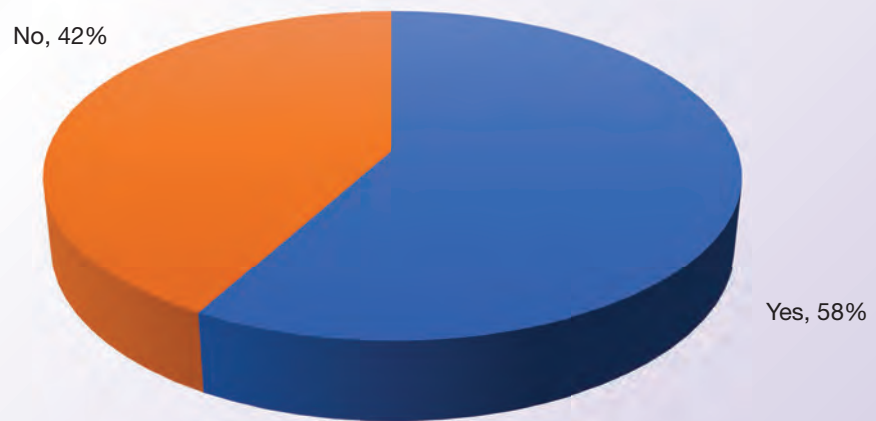


82% of our beneficiaries suffer from chronic illnesses which require frequent visits to the hospital for medical appointments. One third of our beneficiaries suffer from diabetes and two-third have cardiac conditions.



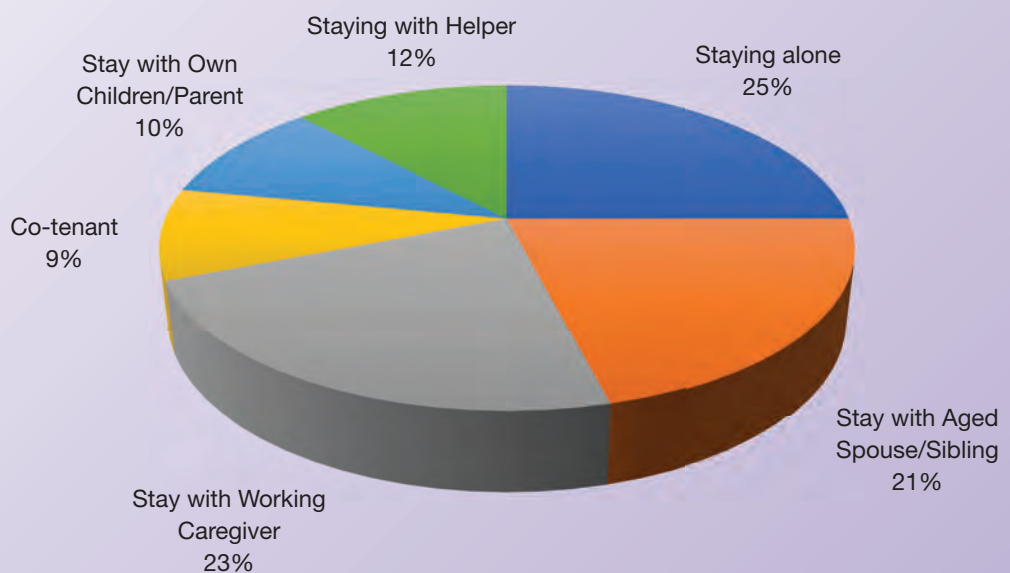
As a result of their chronic conditions, 58% are wheelchair bound and supported by our wheelchair enabled buses.

WHEELCHAIR BOUND

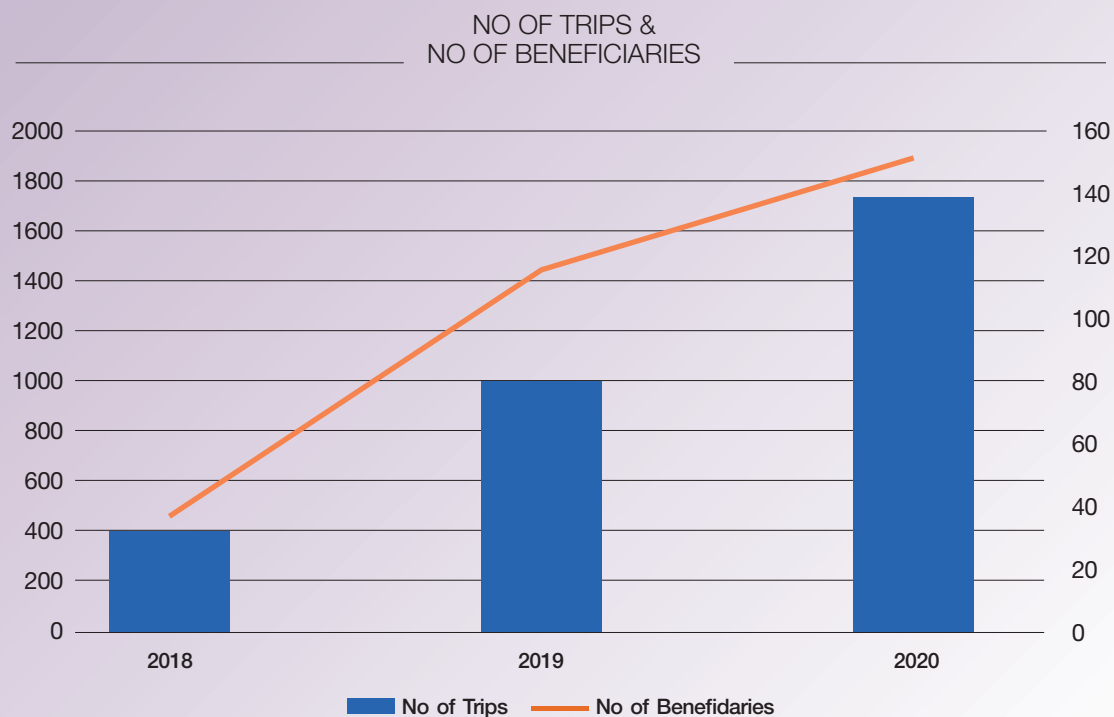


85% of the beneficiaries has no or limited support from spouse, siblings, working caregivers and helpers.

LIVING CONDITION (SOCIAL)



Despite COVID-19, there is a 30% increase in beneficiaries and 70% increase in the trips for the year 2020.



MET Client Satisfaction Survey 2019

1) Top-2 box scores for **Overall Satisfaction**, **Service Quality** and **Safety** achieved 100%

	Overall Satisfaction (n=24)	Service Quality (n=24)	Safety (n=24)	Willingness to Recommend [^] (n=24)
Positive Score in 2019	100%	100%	100%	100%
Top-2 Box Score in 2019	100%	100%	100%	100%

Note "Satisfactory", "Good" and "Excellent" are the **Positive score**

"Good" and "Excellent" are the **Top-2 box score**

"Margin of error = $\pm 0.0\%$. Any improvement or decline of more than 0.0% is statistically significant.

[^]New question for Willingness to Recommend, hence no comparison to 2018.

- All attributes achieved perfect Top-2 box ratings (Good + Excellence) IN 2019

Reflection from Ivory Huang, 57, MET Kaki (Volunteer)



It has been a lovely experience volunteering as a medical escort in Blossom Seeds. The staff in Blossom Seeds are friendly and helpful and I enjoyed working with them. In addition, the charity focuses on development for volunteers and I was given an opportunity to attend a First-Aid course. This helps me to become more confident when escorting the clients.



During COVID-19, they invited Health Care Professionals to share with us the precautions we should take, and update us regularly on the advisory, the procedures and the COVID-19 situation. They also distributed masks, sanitizers and Vitamin C supplements to us, and helped us to register for our vaccination, to ensure that we are well-taken care of.

One of my most memorable experiences involved meeting an uncooperative beneficiary during the Circuit Breaker. He was unwilling to leave home for his medical appointment. After much persuasion, he agreed. The doctor informed him that his medical condition has improved and he was happy with the news. He shared that he was glad that he decided not to stay at home. He thanked me and even thanked the driver for his service, which was a first.

Being a Medical Escort has fulfilled my wish to help and care for the elderly people. I also benefited from getting to know many kind volunteers and always learning new things.

Reflection of Andrew S Chung, 21, MET Kaki (Volunteer)

Undergraduate, University of New South Wales in Faculty of Medicine.

It has been an eye-opening experience volunteering at Blossom Seeds, seeing the struggles of everyday Singaporean seniors, from numerous medical disabilities and co-morbidities, to poor family support networks, to socio-economic or financial challenges

During the orientation, I was told that these medical escorts were not simply logistical trips to and fro the clinics. These trips offered opportunities to lend a listening ear and an open heart to the elderly. Social health is a crucial aspect to healthy ageing, and we as volunteers played an important role.

The seniors thanked me for my effort and care. However, I should be the one thanking them for granting me the opportunity to give back to the community.

I feel that volunteering is something that should be a baseline expectation of everyone as members of society. As a current medical student and future leader in healthcare, volunteering at Blossom Seeds lets me draw upon these experiences and understand better what it is like on the patient side of the consultation table. It reaffirms how physicians play significant roles in healthcare experiences and that empathy is indispensable.

For full story of his reflection, please refer to www.blossomseeds.sg/blog



Community Befriending Programme (CBP), Partnering Council for Third Age (C3A)

Blossom Seeds started befriending seniors who are living alone, frail and at high risk of social isolation since 2015. We partnered Council for Third Age to care for seniors who are in Sembawang and Canberra Constituencies in September 2018. With effect from 3 May 2021, as part of the new Active Ageing Centre model, we will be offering befriending services for seniors in Sembawang Central.

With little family support, the befrienders continue to support the seniors during the COVID-19 pandemic.

Reading letters



Running errands



Listening



Grooming



Helping Seniors to Go Digital



Mr Poh, 75 was referred to us for befriending by Sembawang Family Service Centre. His wife passed away many years ago and he stayed on his own. He hardly talks to people and has little social support. He worries about his financial condition and suffers from bouts of depression and loneliness.

As part of BSL's efforts to get seniors onto the digital platform, the befriender helped him to purchase his phone and set up his internet access. They also introduced him to the websites with his favourite Getai shows.

Now, he is able to interact with his favourite Radio DeeJay and picked up baking from a YouTube channel that he chanced upon. He started approaching his neighbours for help whenever he faced issues with his mobile phone, and also encouraged other seniors to use the mobile phone. Now, he participates in our online sessions with the volunteers and seniors.

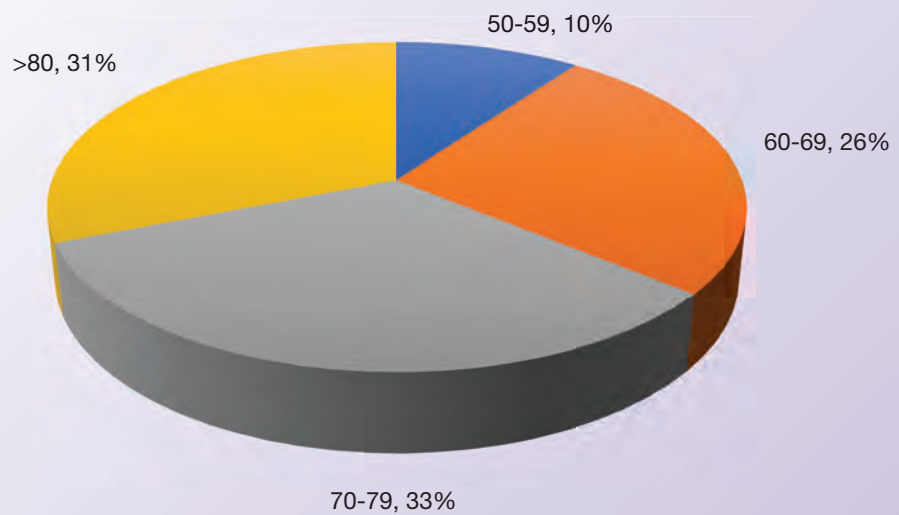
Mr Poh has emerged from a solitary man to one who shares with other seniors about the use of smartphones and internet.

Impact in 2020

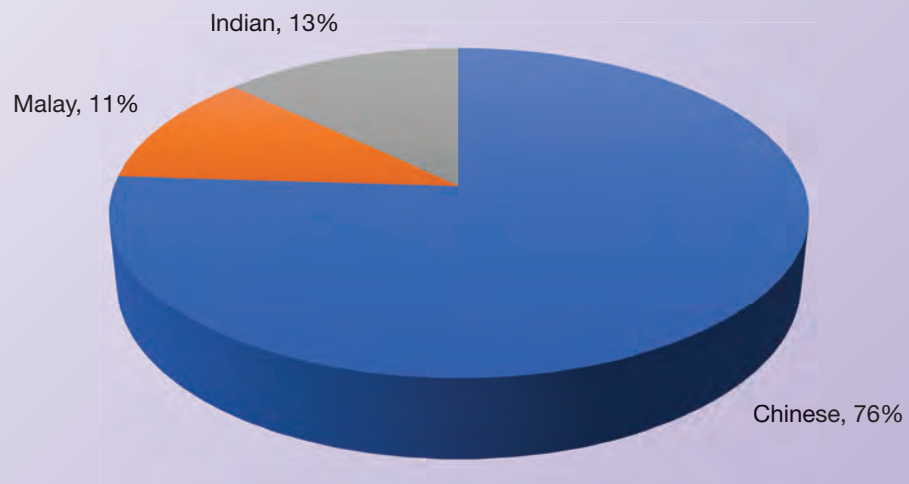
At present, Blossom Seeds has 68 volunteers serving a total of 118 senior beneficiaries. Consistent with the profile of the beneficiaries under MET, 1/3 of the seniors are 80 year and above. With a smaller family unit, the majority of the seniors stay on their own with limited social support.

Profile of the Senior Beneficiaries One third of the beneficiaries are 80 years and above

PROFILE BY AGE

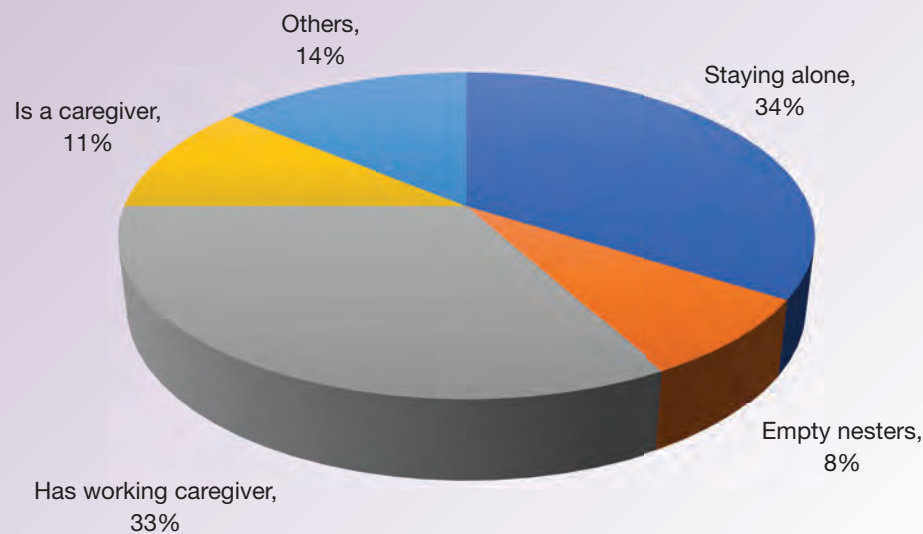


PROFILE BY RACE



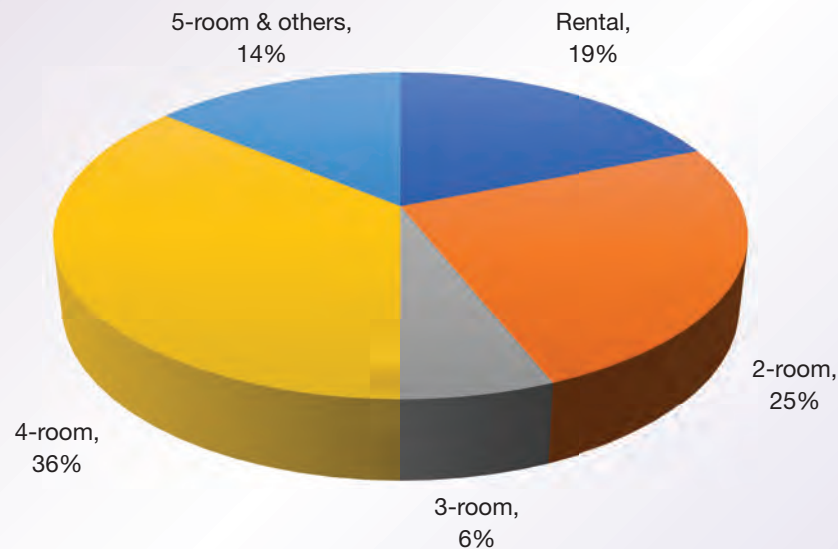
86% of the seniors stay alone or with their spouse.

PROFILE BY LIVING CONDITION



50% stay in a 3-room or smaller and 36% stay in 4-room flat.

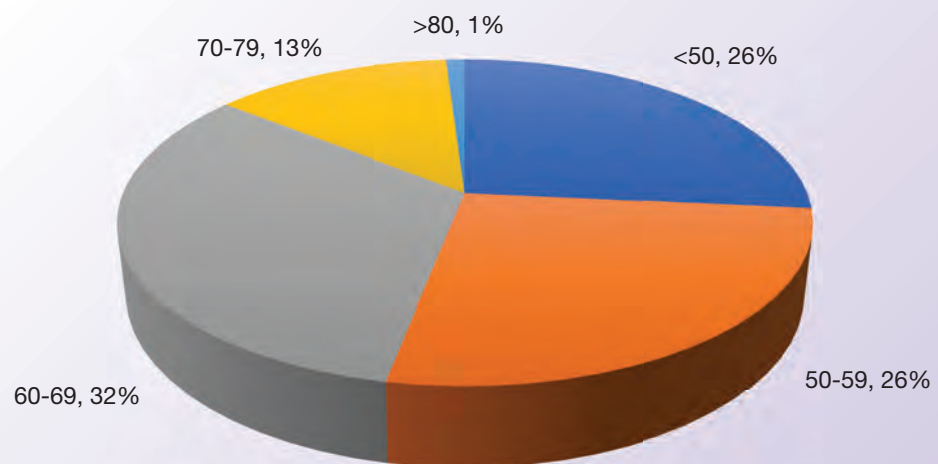
PROFILE BY HOUSING TYPE



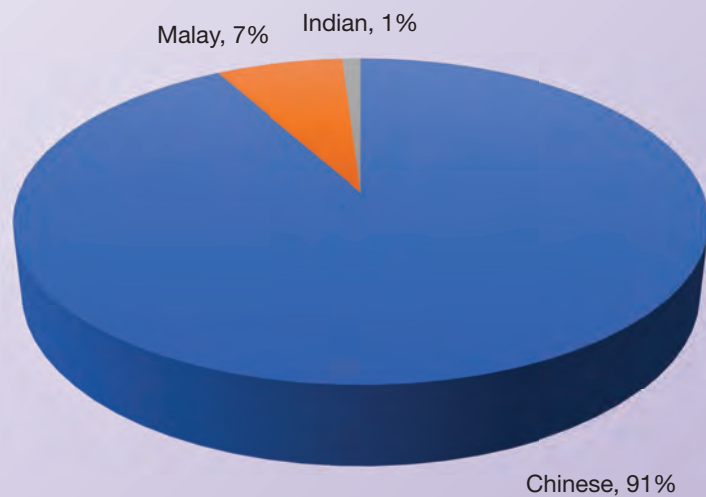
Profile of the Volunteers (Befrienders)

47% of our volunteers are 60 years and above. Plans are underway to recruit more volunteers from the minority race so as to provide better care for the seniors. Training for the volunteers in the befriending work is integral and continued throughout the Circuit Breaker.

AGE



PROFILE BY RACE



Sharing by Befriender Mdm Cai, 80



I have been volunteering with Blossom Seeds for more than a year. I was walking around the estate when I chanced upon Blossom Seeds Centre. I thought I could attend the activities at the centre.

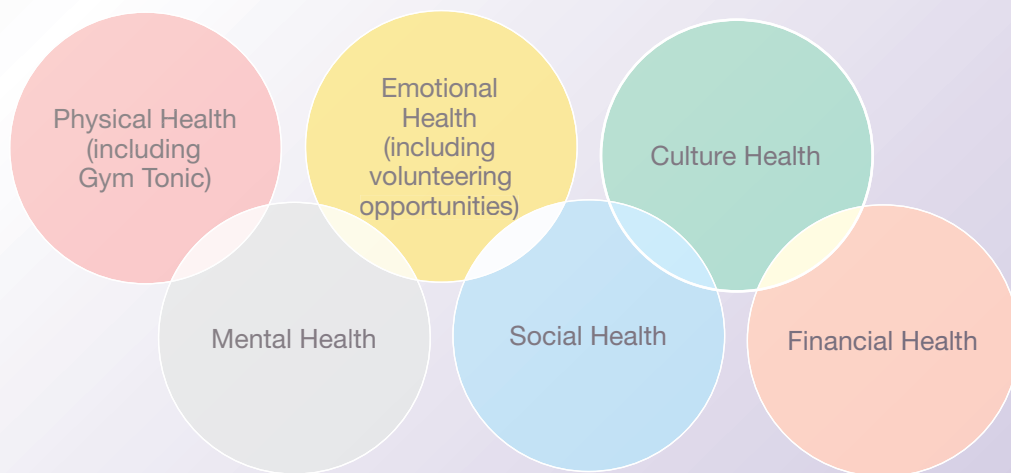
The staff at the centre are very friendly and they shared with me that there are many activities there. They also explained to me that there are volunteer opportunities. I think it is very meaningful to visit the seniors and so I enrolled myself as a befriender.

The befrienders are all very caring and kind. I enjoyed their company. I also enjoyed visiting the seniors and chatting with them. This is a very meaningful work as I helped others and also benefited myself.

I also learned many things from the volunteer work. The volunteers ask me to learn how to use the smart phone and go online. I have never attended school and am unable to read or write. Now I am learning progressively. There are still many things that I want to learn. I will continue volunteering with Blossom Seeds.

Active Ageing Centre (AAC) Partnering Agency for Integrated Care (AIC)

Blossom Seeds supports seniors to promote six aspects of health with a focus on creating volunteering platforms for seniors of all races and religions to come together and contribute back to the community.



From 3 May 2021, we will onboard the new population-based service model by MOH and will serve as the go-to point for all seniors, regardless of frailty, housing type and income levels, in their community and provide an “ABC” suite of services including Active ageing, Befriending and buddying and information and referral to Care services

As the seniors are unable to come to the centre as a result of the Coronavirus, programmes went on social media to reach out to the seniors, and the seniors were guided to go online.

Daily Activities Go Livestream



Going Digital



Nature Walk



Paper Quilling



Empowering Seniors to Give Back

Mdm Jamil Kaur, 74

(The late) Mr Singh was our CBP beneficiary and Mrs Singh (Mdm Jarnail Kaur) was the caregiver. A homemaker all her life, she is quiet and soft-spoken.

Her husband passed away shortly after the Circuit Breaker. Bereaved when the husband passed away and depressed when she stays alone at home, the team contacted her constantly and showed our concern.

She joins the exercise sessions and festival celebrations together with other seniors. We also taught her to go onto zoom and get her onto the digital platform when she is unable to come to the centre.

Knowing that there are many seniors who may need support, she started befriending work with the befriender.



Festival Celebrations Continue Online



Mid-Autumn Celebration, First Event after CB



National Day Celebration





Christmas Celebration



Chinese New Year Celebration



Intergenerational Programmes

National Day Celebration

Canberra Secondary School



Spectra Secondary School



Learning Exchange with Canberra Secondary School

The seniors are unable to head down to the school and the students are also unable to come to Blossom Seeds Centre. This has not stopped the Blossom Seeds team and the teachers at Canberra Secondary School from organising activities for both the seniors and the students to interact meaningfully.



We+65 Programme by Youth Corps Singapore (YCS)

Project We+65 is an intergenerational initiative by youth volunteers from YCS, partnering AIC, with the purpose of reducing seniors' isolation and fostering strong intergenerational bonds between seniors and youth volunteers. The program aims to be sustainable and scalable through recruitment and training of new youth volunteers programme.



Digital Programme

Blossom World Society



Singapore Management University



Nurses' Day Project by Blossom Seeds seniors and students from Canberra Secondary School



Gym Tonic for Frailty Prevention

Ageing results in reduction in physical functions, reduced muscle strength and muscle mass. The Gym Tonic Programme targets frailty prevention by helping seniors to build muscle mass and makes the bone strong. This will allow seniors to enjoy the things they like as they age.

The equipment is installed in May 2021 and the first to onboard the programme are our Staff and Volunteers.



Blossom Kaki (Senior Volunteerism) Programme Partnering Council for Third Age (C3A)



Blossom Seeds Blossom Kaki Programme is supported by C3A since December 2017 to engage seniors for Active Ageing by volunteering in our events and serving the needy Elderly.

By participating in volunteer work, the seniors are encouraged to continue learning and live an enriching and purposeful life.

In response to COVID-19, we invited Mr Hadi (Master of Nursing) to share about Infection Control and Precautions for COVID-19. Regular training sessions were also held to share with the volunteers on the precautionary measures, stress management, amongst others.



Continuous Learning as a Volunteer

Mdm Sabaria 64,

I worked in Singtel for 44 years and retired at the age of 62 years old.

I noticed that there are many needy seniors who need support. Sometimes, the older generation may not understand recent policies and the young people may not be able to understand the seniors. I have ageing parents and one day I will also grow old.

If I stay at home, I will only be watching TV. Volunteering at Blossom Seeds allows me to make friends with people from all walks of life. Other than the daily activities, I also enjoy the festival celebrations and get to understand other cultures. I also attended the befriending sharing, excel course and talks on infection control, emergency response, amongst others.

Blossom Seeds support needy seniors from all races and religions and I feel welcome in Blossom Seeds. I am grateful that I am able to contribute by visiting them.

Computer Training



Befriending



Healthy Cooking



Renovation

Since early 2020, many meetings were held to discuss the design of the centre to create a platform where the community can come together to learn and blossom together. COVID-19 pandemic changes the way we operate, and the design was quickly modified to cope with the changing demands.

The main activity hall was designed to support group monthly festival celebrations, with an enlarged stage to allow the seniors and volunteers to perform. Yet small groups can be formed at various corners. Every room has windows to cater to the natural ventilation including the gym.

Low lying cupboards were built around the hall to allow easy reach for the senior volunteers to do their craft work, and shelves to showcase their work. The lighting was requested to cater to both the seniors during the day, and for the children at the homework clinic to study in the evening. A simple pantry stocked with basic beverages and water are easily accessible to all.

Renovation started in December 2020. Despite challenges and delays due to the pandemic, it was finally completed in May 2021. The renovation gave the centre a new lease of life. It allows us to serve seniors in a greater capacity and providing the best services to the seniors.

Lobby



Stage



Activity Area



Gym Tonic



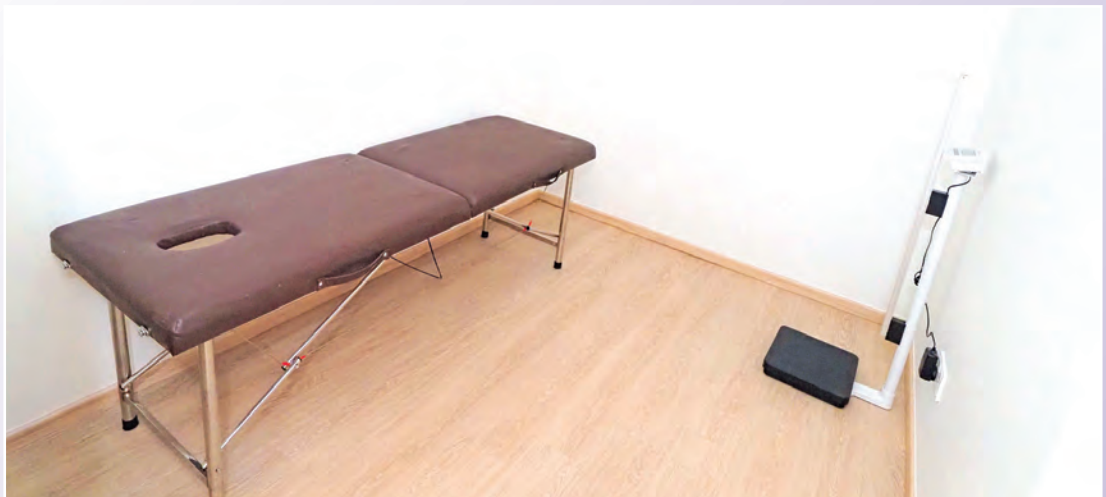
Kitchen



Training Room



Health Checkup/ Therapy Room



Technology Room



Technology

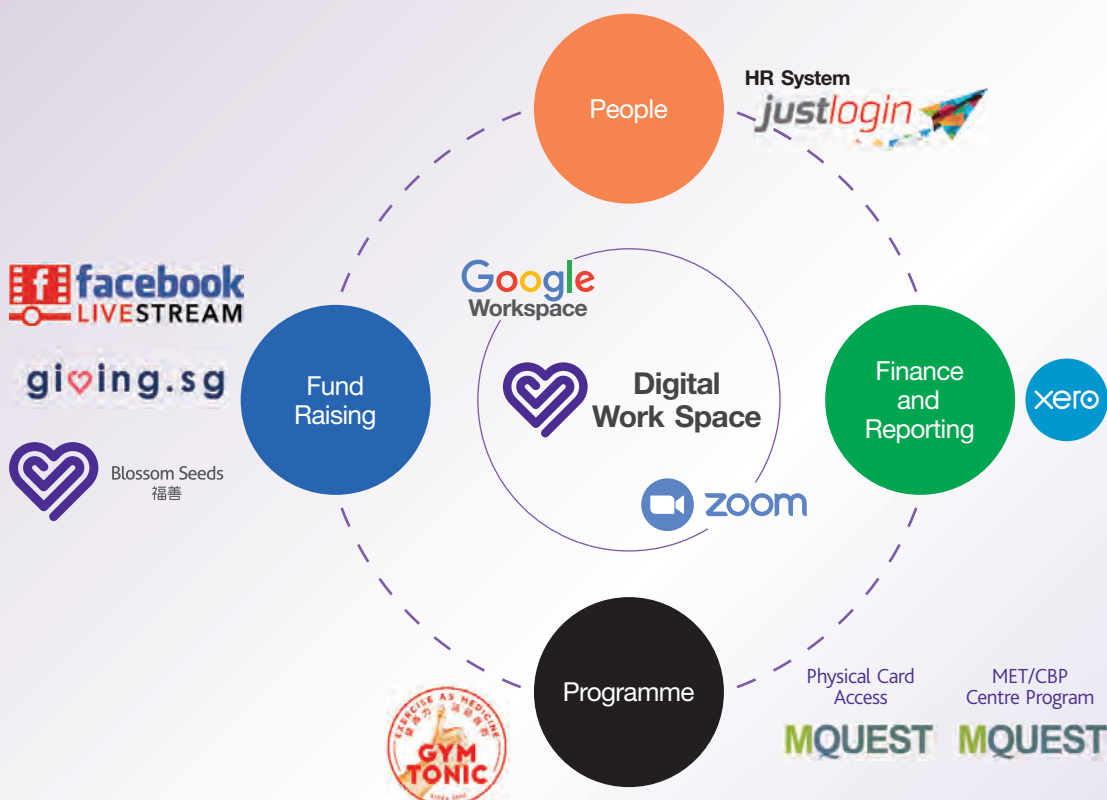
Digitalisation of Programmes

Blossom Seeds is pleased to be awarded by The President's Challenge 2021 (PC2021) to empower vulnerable groups by "Building a Digitally Inclusive Society".

For the past year since the advent of Covid 19 Pandemic, our team, including volunteers, has been working hard to bring the home-based & active ageing seniors at the centre onto the digital platforms. The award is a great acknowledgement of the team's efforts and support towards building the Digitally Inclusive Society.

We also received support from our community partners, including Singapore Management University, Blossom World Society, Canberra Secondary School and SG Digital to engage our seniors to learn and practise with the gadgets.

As a result, many seniors can engage and watch our activities on zoom and FB beamed from our centre. Exceptional success is seen as seniors are able to keep in touch with their friends all over the world.



Gym Tonic Sponsored by Lien Foundation

The Gym Tonic Programme targets frailty prevention by helping seniors to build muscles. The equipment is in place in May 2021 and the first to onboard the programme are our Staff and Volunteers.

The exercise equipment is highly digital and keeps track of records and performance of individual participants, and helps to adjust to the user requirements every session. This allows the trainer to focus on the progress of the participant and save time in tracking manually.



Card System for Programmes

Our Card system for electronic monitoring and reporting started in 2019 with funding from NCSS (80% of the projected cost). However, the implementation at the centre was temporarily suspended due to COVID-19 and Circuit breaker (CB) in April & May 2020.

Taking into consideration the introduction of livestream programmes for our active ageing seniors at their own homes, our renovation design concept for the centre was reformulated to cater for future hybrid models (physical & livestream). Hence, delay of renovation has also affected our card system implementation.



Renovation Phase 2

We are happy to confirm the Renovation Phase 2 has just been completed in April 2021.

The centre can now operate without turning on the air condition, thanks to efficient ceiling fans and window flags being flexible in allowing flow of air from outside. All the lighting is now using LED for energy saving.

Our renovation planning of the centre also caters for a Technology room for seniors to learn one to one or in small groups on the use of Digital apps on their mobiles. Seniors can also be interviewed through live-stream to beam to the public, in the soundproof room which has adequate lighting and privacy.



The stage has been enlarged with an adjoining AV room to cater to larger group performances for livestream and physical audience at the centre. This will enhance our outreach for our programmes and activities.



The training room has been designed to support hybrid-style workshops with both audience on site and online.

We expect the card system to be fully operational by September 2021, with improved efficiency, productivity and resultant cost saving.



Office Productivity

On the Administration front, we have our Accounting and Human Resource reporting automated with co-funding from NCSS VWOs - Charities Capability Fund (VCF) Innovation and Productivity Grant (IPG) to further strengthen our financial compliance and personal data protection governance with productivity and mobility.

Once the financial aspect is digitalised, centralised data and cloud storage enable the team to keep the financials up to date remotely and gain speedy access anywhere, anytime.

The Human Resource function plays an important role in our day-to-day operation. Traditional staff personal data and manual leave and payroll process are automated to protect the employee and operations on the go.



Operation



All our staff are constantly upgraded in their mobile gadgets, apart from the card system, to be able to work independently from anywhere while working for the beneficiaries.

We also enlisted SG Digital to support our volunteers and beneficiaries to get onto the digital platforms.

Fundraising Efforts

A Compassionate Journey Made Possible

COVID-19 pandemic has caused major disruptions. All physical fundraising events are cancelled for 2020. On 7 November 2020, Blossom Seeds held our first flag day, and our first fundraising event on social media, to raise funds for our Medical Escort & Transport (MET) Service.

Mr Ong Ye Kung, then Minister for Transport & Adviser to Sembawang Central GROs kindly volunteered to fetch one of our beneficiaries for her medical appointment at Khoo Teck Puat Hospital.

Our partners from BW Monastery, Assyafaah Mosque, People's Association and Canberra Secondary School, together with the senior volunteers put up a series of performances that were streamed online via facebook and zoom.

Grateful to all the support that came in response to COVID-19 to allow our service to carry on and make the journey of all our seniors possible.

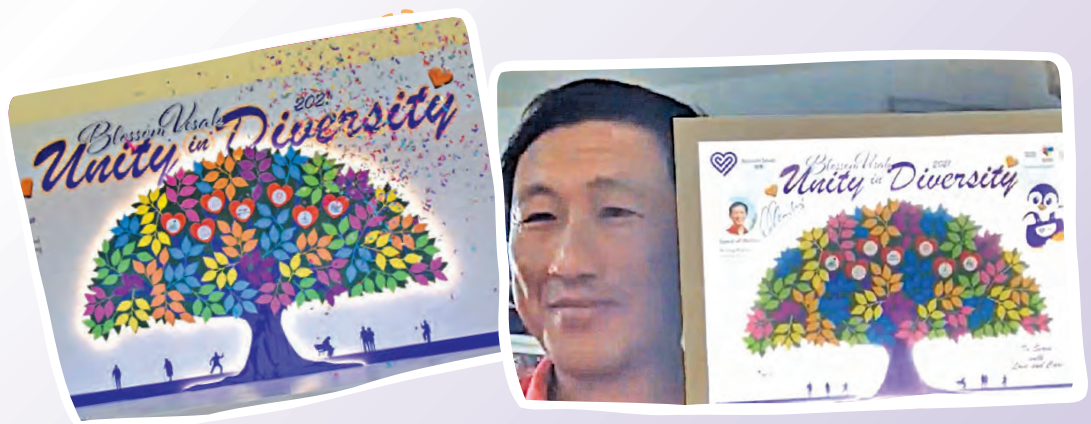




Unity in Diversity – Blossom Vesak 2021 (May 2021)

Blossom Vesak 2021 was planned to be a physical-virtual hybrid fundraising event. We had to innovate when further restrictions were placed for physical events during Phase II (Heightened Alert) period. As a result our participants and guests all Zoomed in instead.

We are grateful to our Guest of Honour, Mr Ong Ye Kung, Minister for Health, for gracing our event online. Themed “Unity in Diversity”, the highlight of the event is a special Unity Tree light-up by Guest of Honour Mr Ong Ye Kung.

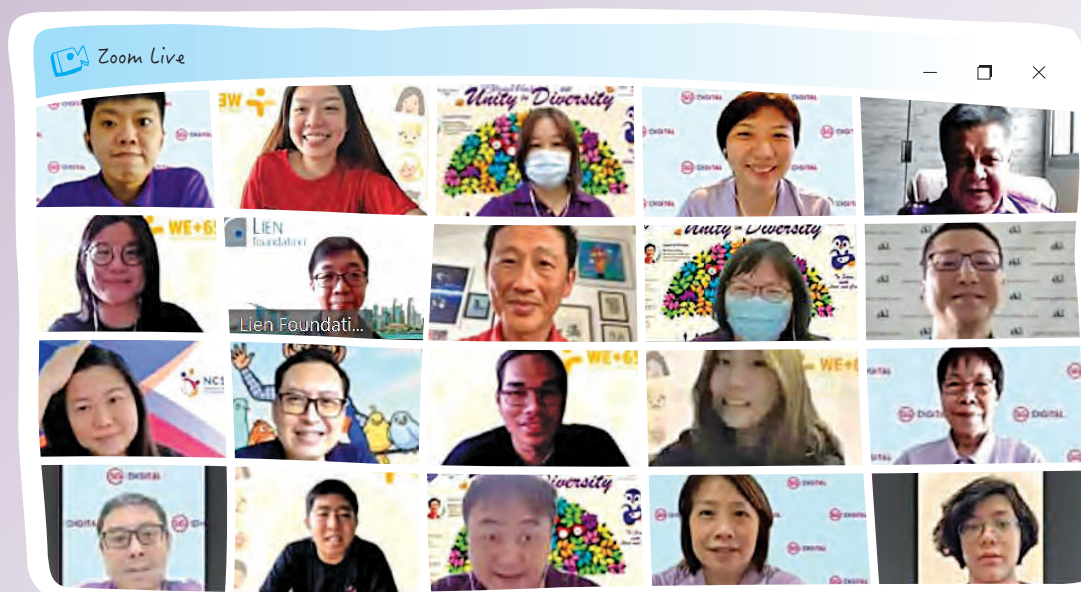


The Unity Tree symbolizes Blossom Seeds and our services, providing shelter to the vulnerable seniors. To this end, the tree has to grow tall and strong. The hearts in the tree represent our supportive partners and the leaves represent our dedicated volunteers and generous donors.

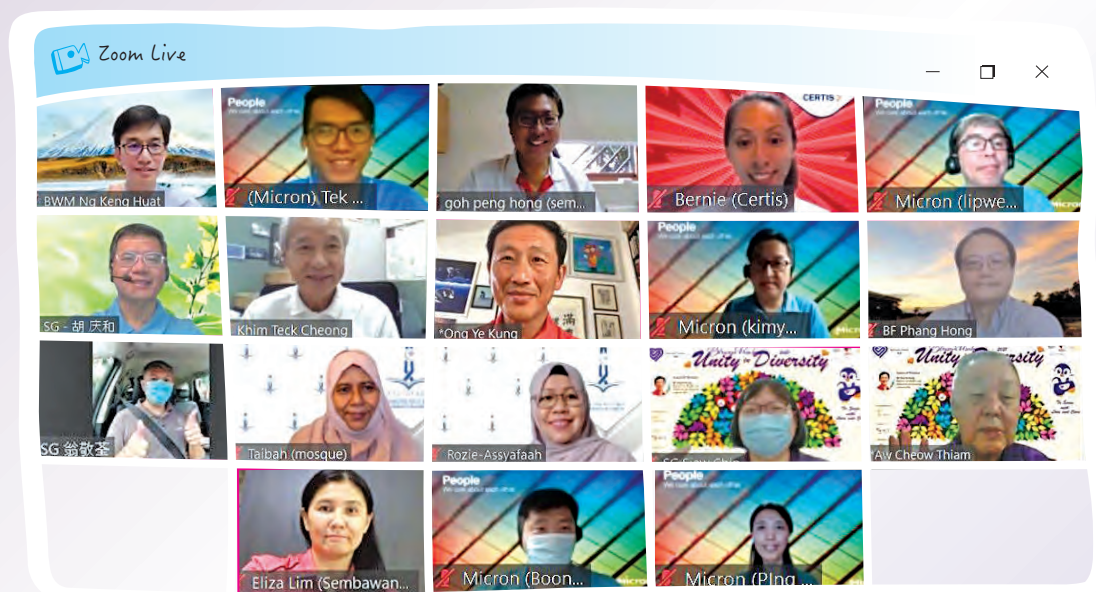


We were honoured to also have the religious leaders from our supporting partners- BW Monastery, Assyafaah Mosque, Darul Makmur Mosque and Holy Tree Sri Balasubramaniam Temple. Representatives from our supporting partners gave encouraging speeches in light of their support towards Blossom Seeds' cause and the Blossom Vesak 2021.

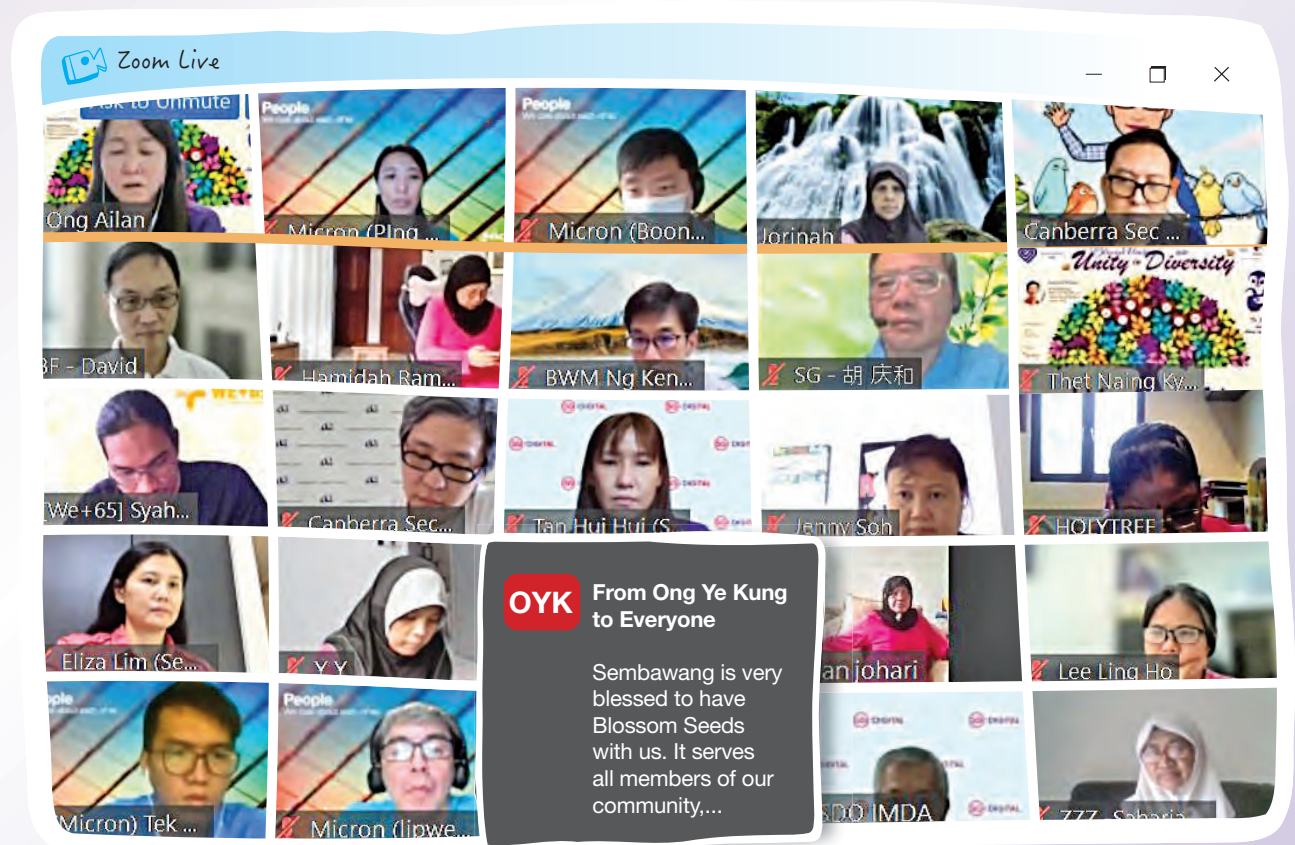
Other than the faith-based organisations, we are also grateful to have the representatives of the supporting agencies (Agency for Integrated Care (AIC), National Council of Social Service (NCSS), SG Digital), Canberra Secondary Schools and Foundations, Corporations, donors join us online for this event.



Our online fundraising was also attended by the media, who covered our event on the different media platforms- such as The Straits Times, Channel 8 News, Lianhe Zaobao and Berita Harian.



Testimonials



Congratulations!
Today's event was a success!
It was nice seeing all seniors come together like that even though many are not so tech savvy.

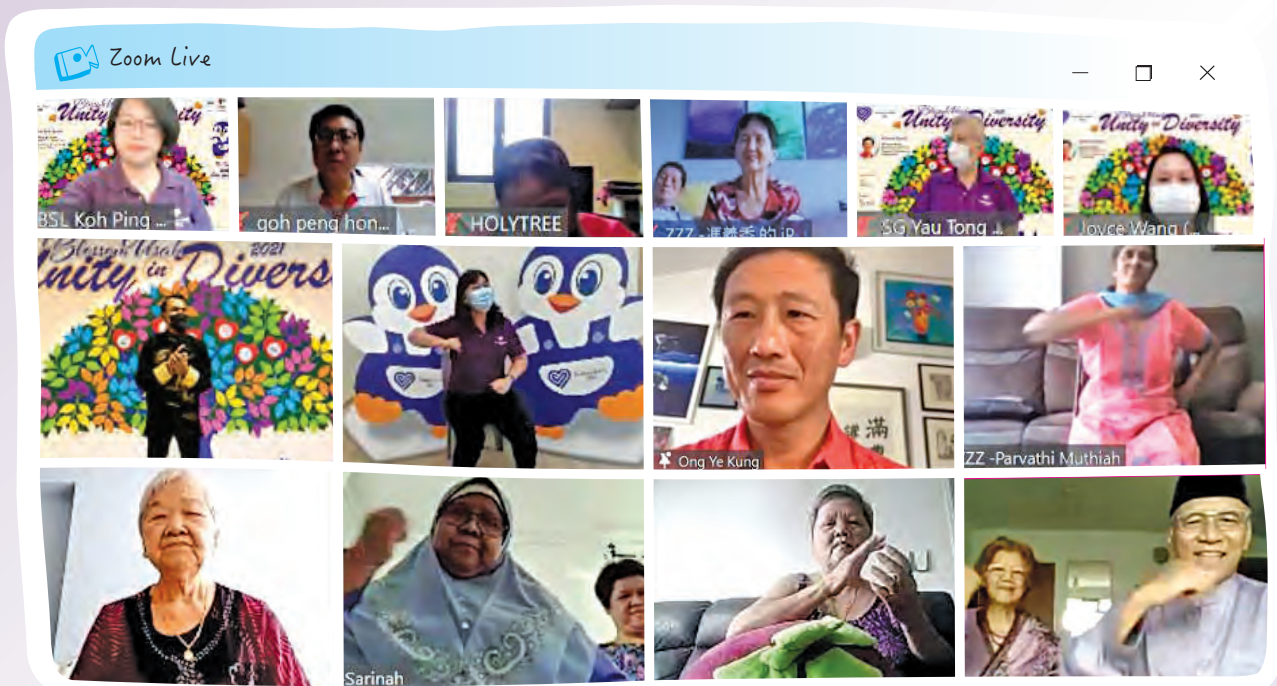
- Shirley Low

OYK From
Ong Ye Kung
to Everyone
Very Creative
Launch!

你们今天的线上的
活动举办的很成
功，加油！👍👍

- Madam Wong

Our Seniors



Support for the Community

Distribution @ East Canberra (Feb 2020)

Personal hygiene plays an important role in preventing the spread of the coronavirus. We are happy to support the distribution of the masks and sanitisers to the community before the Circuit Breaker.



Grocery Distribution

With the support from the Gambas Befrienders, we managed to distribute groceries to our vulnerable seniors before the Circuit Breaker, amidst the anxiety caused by the pandemic.

Grocery Distribution before Circuit Breaker (Apr 2020)



Ramadan Grocery
Distribution for
low-income families
(May 2020)

Vesak Grocery Distribution (Jun 2020)

Vesak Grocery Distribution to the senior beneficiaries post-CB, supported by Silver Generation Office (AIC), Assyafaah Mosque and MICRON (Jun 2020)



Homework Clinic (Dec 2020)

Great effort by volunteers from Cahaya and Sembawang Central grassroots who spent their Monday evenings with the students who needed a helping hand to beef up their school work, and creating a culture of learning and supporting everyone else to learn!



Collaboration in the Community (Oct 2020)

An initiative from Canberra Secondary School and People's Association to foster a spirit of gratitude, respect and compassion in the community.



Spring Cleaning (Jan 2021)

Most of our seniors are with medical conditions and it is important that they stay in a clean environment. Greatly appreciate the volunteers from Orange Tee Navis Team for giving the seniors a clean home to kickstart the new year.



CNY Gift Pack Distribution (Feb 2021)

It would have been a quiet CNY for our seniors this year. Many thanks to our partners from Assyafaah Mosque, BW Monastery and many volunteers who came forward to support us in our CNY Gift Pack Distribution.





Bringing Cheers to the Seniors (Apr 2021)

We are grateful to receive groceries from Kong Meng San Phor Kark Monastery to share with our volunteers and beneficiaries. Most seniors do not cook and have small appetites. As usual, the little snack never fails to put a smile on their face.



Vaccine Survey (Feb 2021)

As part of the nation's efforts to protect the residents, Blossom Seeds is pleased to support People's Association (PA) in reaching out to the Seniors in Sembawang Central to clarify any concern they may have and encourage them to register for the vaccination.



Recycling for Zero Waste (Mar 2021)

Blossom Seeds was invited to participate in the community project to visit residents in East Canberra to recycle their waste as part of our “Zero Waste” campaign for less waste.



Interfaith Talk at Assyafaah Mosque (Mar 2021)

Blossom Seeds was delighted to be invited by Assyafaah Mosque to participate in the dialogue to strengthen our social cohesion- “Unity in Diversity”- among the various religious and racial backgrounds.

Invited guests were Ust Leyaket Ali, Managing Director of AT Tawassol, Pastor Alvin Reggie, Praise Evangelical Church and our CEO, Ms Ong Siew Chin. The moderator was Dr Faizah Zakaria, Asst. Prof of History, NTU.

We thank Assyafaah Mosque chairman Mr Izuan Mohd Rais for his kind hospitality.



Blossom Seeds Bubur Porridge Distribution (Apr 2021)

Supporting the Malay Activity Executive Committee (MAEC) under People's Association, staff and volunteers from Blossom Seeds distributed halal food packs on Saturday 24 April at 5.30pm to 7pm. These packs, consisting of porridges, bento sets and dates were given to the needy beneficiaries at two sites at Sembawang Central.

Although it was an Iftar meal distribution, we welcomed beneficiaries of all races, religions and ages. Families and the elderly came to receive the food packs with smiles and heartfelt words of gratitude. Some of our staff and volunteers also headed to the various units to distribute the food packs, much to the delight and surprise of the beneficiaries.

Blossom Seeds is happy to add an air of joy. Thank you to our partners and amazing volunteers for spreading the joy!



Ramadan Grocery Distribution 2021 (May 2021)

We are very excited to participate in Assyafaah Mosque Ramadan Drive Grocery Distribution for the second time, to support 250 needy families.

With an upsurge of the COVID-19 cases, we did not approach many volunteers for support. Despite having to move the heavy bags, and not having sufficient trolleys, the few volunteers who came to support were in high spirits in sending greetings to our Muslim friends.



Go Green Efforts

Green Initiatives in Renovation Planning

As Blossom Seeds gears towards Going Green, we carefully placed a lot of factors into consideration in the planning of our centre renovation, with the aim of improving efficiency and productivity.

Many features of the renovation include saving electricity by having lights controlled by movement sensors as well as water saving devices in our taps and flushing in the toilet bowl. The centre can also now operate without turning on the air condition, thanks to efficient ceiling fans and window flags which allow flow of air from outside. All the lighting is now using LED for energy saving.

Community Recycling for Zero Waste



Blossom Seeds was invited to participate in the community project to visit residents in Canberra East in recycling their waste as part of our “Zero Waste” campaign for less waste.



Board Governance

1. The Board conducts self-evaluation to assess its performance and effectiveness annually to gather necessary feedback for improvements.

2. None of the Board members have served for more than 10 consecutive years.

3. Management of Conflict of Interest

There is no paid staff on the Company's Board of Directors.

Board members are required to disclose any interest that they may have, whether directly or indirectly, that the Company may enter into or in any organisations that the Company has dealings with or is considering dealing with; and any personal interest accruing to him as one of the Company's supplier, user of services or beneficiary. Should there be any potential conflict of interest, the affected Board members may not vote on the issue that was the subject matter of the disclosure. Detailed minutes will be taken on the disclosure as well as the basis for arriving at the final decision in relation to the issue at stake.

4. Board Meetings and Attendance

The following sets out the individual Board member's attendance at the meetings

Board Member	Date of Appointment	Attendance	Board Member	Date of Appointment	Attendance
Mr Aw Cheow Thiam	9/21/2015	6/6	Mr Lee Chin Chye	9/5/2018	5/6
Mr John Zaw Min	6/28/2017	4/6	Mr Teo Kim Swa	10/12/2019	6/6
Mr Wong Yee Chee	4/12/2017	5/6	Ms Goh Sock Choo	10/12/2019	6/6
Ms Pua Hwee Leng	9/21/2015	4/6	Mr Thet Naing Kyaw	9/14/2020	3/3
Ms Tan Chiew Hoon	6/28/2017	2/6	Ms Ong Ai Lan	2/2/2021	NA
Ms Chua Mui Kiang	4/10/2018	4/6	Ms Yeo Mui Hoon	2/2/2021	NA

5. Related Party Transactions

- a. Related party transactions and balances

There was no transaction between the Company and related parties for the financial years ended 31 December 2020 and 31 December 2019.

None of the directors received any remuneration from the Company for the financial years ended 31 December 2020 and 31 December 2019.

None of the staff serves as governing board members of the charity.

- b. Compensation of key management personnel

Number of key management personnel whose remuneration is in the \$100,000 band and above is 1 (2019: 1).

- c. There is no paid staff, being a close member of the family belonging to the board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.

6. Reserve Policy

The Company's reserve position for the financial year ended 31 December 2020 is as follows:

	2020 S\$'000	2019 S\$'000	Increase/ (Decrease)
A Unrestricted Fund			
General Fund	1,230	678	Increase
B Restricted / Designated Funds	1,167	1,413	(Decrease)
C Endowment Fund	NA	NA	NA
D Total Funds	2,397	2,091	Increase
E Total Annual Operating Expenditure	1,110	1,082	Increase
F Ratio of Reserves to Annual Operating Expenditure (A/E)	1.11	0.63	Increase

The Company's Reserve policy is as follows:

- i. The reserves of the Company provide financial stability and the means for the development of the Company's activities.
- ii. The Board intends to maintain reserves five times of the Company's operating needs.
- iii. The Company reviews the level of reserves regularly for the Company's continuing obligations.

Media

Visit by
President
Halimah to
Blossom
Seeds Centre
Featured
in Channel
News Asia,
Channel 8 &
Channel 5,
The Straits
Times and
Zaobao
(Feb 2020)



MICRON Donates to Blossom Seeds (Jun 2020)



Vesak Goodie Bag Distribution Featured on Zaobao (Jun 2020)



Blossom
Seed's
Medical
Escort and
Transport
(MET)
Service
Featured in
The Straits
Times and
Zaobao
(Nov 2020)

THE STRAITS TIMES



7 days' jail for man
who hurled racial
insult at off-duty...
Nov 27, 2020



Editor dipped pen in
poison to attack PM
Lee, says lawyer
Dec 03, 2020



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Driven to help seniors access medical care



PHOTO: BLOSSOM SEEDS

订户专区 新闻 新加坡

慈善团体福善线上募捐直播 盼筹得60万应付今明两年开支

订户

来自 / 联合早报

文 / 卢凌之

发布 / 2020年11月8日 3:30 AM



CNY Gift Pack Distribution Featured in Zaobao (Jan 2021)



Volunteer Management Featured in TheHomeGround Asia (Apr 2021)



Online Unity in Diversity ~ Blossom Vesak 2021
Featured in Channel 8 News, The Straits Times, ZaoBao
& Berita Harian (May 2020)



A4 | THE BIG STORY

Coronavirus Singapore

No sharp rise in new cases with stricter curbs: Ong Ye Kung

Hariz Baharudin

New Covid-19 cases in Singapore have not shot up in the past week thanks to the stricter precautions that the country has taken, said Health Minister Ong Ye Kung yesterday.

Singapore tightened its safety measures last Sunday, including banning dining in eateries and restricting social gatherings. Mr Ong said that the number of new coronavirus infections has been hovering at around 20 to 30 a day since then.

He said: "So you are not seeing the kind of sharp increase in cases

that you will see if you don't take any precautions, don't do any testing, don't do any contact tracing. In those circumstances, usually every week, you will see the cases double, and double - very scary."

The minister noted that the number of coronavirus cases here was stabilising.

"I hope we continue that way. We still have to watch for a few more days before we know in which direction the cases are heading, but also continue to do our part, so that we can suppress it," he said.

Mr Ong was speaking at a Facebook Live virtual event for charity Blossom Seeds, which launched a new campaign called Unity in Diversity.

STAYING VIGILANT

I hope we continue that way. We still have to watch for a few more days before we know in which direction the cases are heading, but also continue to do our part, so that we can suppress it.



HEALTH MINISTER ONG YE KUNG on the need to remain vigilant despite the stabilising situation.

The campaign, which was launched in the light of the upcoming Vesak Day on Wednesday, aims to bring together community partners, donors and volunteers from different races and religions to support vulnerable community members, including seniors with medical conditions. Blossom Seeds is partnering organisations such as the Darul Makmur and Assafaah mosques for this campaign.

Members of the public who are keen to contribute to the campaign and donate to the charity can do so on Blossom Seeds' website and Facebook page.

In a press release yesterday, the charity said that it plans to raise

\$300,000 through Unity in Diversity.

During the event, Blossom Seeds also provided updates on its newly renovated centre in Canberra Street.

The renovations were completed earlier this year, and the centre now includes new facilities, such as a gym, therapy rooms and food preparation areas.

"Our centre will serve as the go-to point for both vulnerable and active seniors and a platform to connect our socially isolated seniors with the community," said Blossom Seeds.

To keep seniors active, the charity has been focusing on taking activities online. For instance, exer-

cise classes have been conducted over video-conferencing platform Zoom. It also continues to engage seniors through video and phone calls.

Blossom Seeds chief executive Ong Siew Chin said the charity serves all races and religions and emphasised the number of seniors in the community who need support. "We have to work with community partners because there are so many roles to be undertaken, we cannot do it on our own. It helps when our partners support us with volunteers or share about the campaign," she said.

harizbah@sph.com.sg

联合早报

2021年05月23日 星期日



王乙康:疫情有趋稳迹象 须再观察几天确定走向

宋慧纯 hcsong@sph.com.sg

新加坡自本月16日收紧防疫措施以来,本地每日新增冠病社区病例约20至30起,没出现激增情况。卫生部长王乙康说,本地病例数量到目前为止有趋稳迹象,但还得再观察几天才能确定疫情走向。

联合领导抗疫跨部门工作小组的王乙康昨天在慈善机构福善(Blossom Seeds)的线上卫塞节慈善活动上,发表讲话时谈到本地疫情。

王乙康解释,如果没采取防疫措施、不追踪病例接触者或不检测,社区病例就会激增,而在那种情况下,一般每周社区病例会不断倍增,是非常可怕的情况。"我希望本地病例数量趋稳的情况会持续,我们仍得观察多几天才能知道疫情走向。大家继续尽自己一分力,一起抑制病毒的传播。"

新加坡伊丽莎白诺维娜医院传染病专科医生梁浩楠受访时说,本地冠病疫情确有趋稳迹象,但稍有差池还是会功亏一篑。他说,抗疫措施成功与否取决于接受聚合酶链式反应检测(PCR)后的呈报率有多高,这个概率越小越好,本地的数据应该在该0.00004%以内。

"再来,抗疫成功与否要看无关联病例数量。如果持续每天少于五起,那是不错的情况,理想来说应该是一到两起。"

王乙康也提醒大家不要听信那些冠病毒在10公尺或100公尺内都会传播的说法。

他指出,大部分冠病患者不是在家中与同住的人互动后受感染,就是在外空气较不流通的密闭空间受感染。另外,很多人用餐时没戴口罩,这就是所谓会发生超级传播者事件的情况,也是大家必须避免的。

王乙康昨天也在面簿发贴文,谈及陈笃生医院逐步恢复日常运作的进展。陈笃生医院上周已开始允许病患出院,之后也重新接收新病患。接受隔离的医院职员开始回返医院,现在几乎所有职员已回到工作岗位上。

王乙康说,这段时期对病患和医院职员来说都是非常艰难的,一度有四个病房被封锁。院方已竭尽所能快速采取行动,陈笃生医院也已有超过14天没有新确诊病例。

王乙康说:"9D病房昨午已重新开放接受病患,该病房51名职员也已回去上班。我这周较早前走访陈笃生医院时见了很多医生和护士,他们虽然精疲力尽,但仍然保持正面积极的心态。"

Berita Harian

Terkini Covid-19 Podcast Video

Ong Ye Kung: Kes baru Covid-19 tidak naik mendadak hasil langkah waspada lebih ketat

May 23, 2021 | 05:30 AM

Facebook WhatsApp Telegram Email Print



KES baru Covid-19 di sini tidak meningkat dengan mendadak dalam seminggu lalu hasil langkah berjaga-jaga yang lebih ketat yang telah diambil Singapura, kata Menteri Kesihatan, Encik Ong Ye Kung.




Negara ini memperketat langkah keselamatannya mulai 16 Mei, termasuk melarang makan di luar dan menghalang perhimpunan sosial.

Encik Ong berkata jumlah jangkitan koronavirus baru telah meningkat sekitar 20 hingga 30 sehari sejak itu.

Katanya:

"Oleh itu, anda tidak melihat kenaikan mendadak dalam jumlah kes yang mungkin anda lihat sekiranya tidak mengambil langkah berjaga-jaga, tidak melakukan ujian dan tidak melakukan jejak kontak."

NVPC - Vesak Day Feature (May 2020)

 **NVPC - Towards a City of Good** 
May 26 · 

Vesak Day reminds us to embody the values of compassion, respect and generosity. Supported by BW Monastery, [Blossom Seeds](#) cares for seniors who would otherwise be isolated, giving them the chance to blossom. ❤️

Two years ago, cancer survivor Ms Lee was referred to Blossom Seeds by AIC. A year later, Ms Lee lost her sister who was her caregiver. Blossom Seeds has been providing practical and emotional support to her.

During the Circuit Breaker, Blossom Seeds checked in on... [See More](#)



giving.sg

2 Shares


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What You Need To Know About Active Ageing Centres

THURSDAY, JUNE 03, 2021

AAC and AACH: What Are They, And How Do They Benefit Your Clients?

By



Seniors and volunteers interacting during one of the active ageing activities at Blossom Seeds before the Covid-19 pandemic.

Launch of
AAC Featured
in AIC
Newsletter
(Jun 2021)

Governance Evaluation Checklist

S/N	Code guideline	Code ID	Response	Explanation
	Board Governance			
1	Induction and orientation are provided to incoming governing board members upon joining the Board.	1.1.2	Complied	
	Are there governing board members holding staff appointments? (Skip items 2 and 3 if "No")		No	
2	Staff does not chair the Board and does not comprise more than one third of the Board.	1.1.3		
3	There are written job descriptions for the staff's executive functions and operational duties, which are distinct from the staff's Board role.	1.1.5		
4	The Treasurer of the charity (or any person holding an equivalent position in the charity, e.g., Finance Committee Chairman or a governing board member responsible for overseeing the finances of the charity) can only serve a maximum of 4 consecutive years. If the charity has not appointed any governing board member to oversee its finances, it will be presumed that the Chairman oversees the finances of the charity.	1.1.7	Complied	
5	All governing board members must submit themselves for re-nomination and re-appointment, at least once every 3 years.	1.1.8	Complied	
6	The Board conducts self-evaluation to assess its performance and effectiveness once during its term or every 3 years, whichever is shorter.	1.1.12	Complied	
	Is there any governing board member who has served for more than 10 consecutive years? (Skip item 7 if "No")		No	
7	The charity discloses in its annual report the reasons for retaining the governing board member who has served for more than 10 consecutive years.	1.1.13		
8	There are documented terms of reference for the Board and each of its committees.	1.2.1	Complied	
	Conflict of Interest			
9	There are documented procedures for governing board members and staff to declare actual or potential conflicts of interest to the Board at the earliest opportunity.	2.1	Complied	
10	Governing board members do not vote or participate in decision making on matters where they have a conflict of interest.	2.4	Complied	
	Strategic Planning			
11	The Board periodically reviews and approves the strategic plan for the charity to ensure that the charity's activities are in line with the charity's objectives.	3.2.2	Complied	

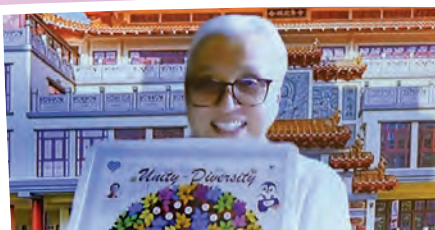
	Human Resource and Volunteer Management			
12	The Board approves documented human resource policies for staff.	5.1	Complied	
13	There is a documented Code of Conduct for governing board members, staff and volunteers (where applicable) which is approved by the Board.	5.3	Complied	
14	There are processes for regular supervision, appraisal and professional development of staff.	5.5	Complied	
	Are there volunteers serving in the charity? (Skip item 15 if "No")		Yes	
15	There are volunteer management policies in place for volunteers.	5.7	Complied	
	Financial Management and Internal Controls			
16	There is a documented policy to seek the Board's approval for any loans, donations, grants or financial assistance provided by the charity which are not part of the charity's core charitable programmes.	6.1.1	Complied	
17	The Board ensures that internal controls for financial matters in key areas are in place with documented procedures.	6.1.2	Complied	
18	The Board ensures that reviews on the charity's internal controls, processes, key programmes and events are regularly conducted.	6.1.3	Complied	
19	The Board ensures that there is a process to identify, and regularly monitor and review the charity's key risks.	6.1.4	Complied	
20	The Board approves an annual budget for the charity's plans and regularly monitors the charity's expenditure.	6.2.1	Complied	
	Does the charity invest its reserves (e.g., in fixed deposits)? (Skip item 21 if "No")		No	
21	The charity has a documented investment policy approved by the Board.	6.4.3		
	Fundraising Practices			
	Did the charity receive cash donations (solicited or unsolicited) during the financial year? (Skip item 22 if "No")		Yes	
22	All collections received (solicited or unsolicited) are properly accounted for and promptly deposited by the charity.	7.2.2	Complied	
	Did the charity receive donations in kind during the financial year? (Skip item 23 if "No")		Yes	
23	All donations in kind received are properly recorded and accounted for by the charity.	7.2.3	Complied	

	Disclosure and Transparency			
24	The charity discloses in its annual report — a. the number of Board meetings in the financial year; and b. the attendance of every governing board member at those meetings.	8.2	Complied	
	Are governing board members remunerated for their services to the Board? (Skip items 25 and 26 if "No")		No	
25	No governing board member is involved in setting his own remuneration.	2.2		
26	The charity discloses the exact remuneration and benefits received by each governing board member in its annual report. <u>OR</u> The charity discloses that no governing board member is remunerated.	8.3		
	Does the charity employ paid staff? (Skip items 27, 28 and 29 if "No")		Yes	
27	No staff is involved in setting his own remuneration.	2.2	Complied	
28	The charity discloses in its annual report — a. the total annual remuneration for each of its 3 highest paid staff who each has received remuneration (including remuneration received from the charity's subsidiaries) exceeding \$100,000 during the financial year; and b. whether any of the 3 highest paid staff also serves as a governing board member of the charity. The information relating to the remuneration of the staff must be presented in bands of \$100,000. <u>OR</u> The charity discloses that none of its paid staff receives more than \$100,000 each in annual remuneration.	8.4	Complied	
29	The charity discloses the number of paid staff who satisfies all of the following criteria: a. the staff is a close member of the family ³ belonging to the Executive Head ⁴ or a governing board member of the charity; b. the staff has received remuneration exceeding \$50,000 during the financial year. The information relating to the remuneration of the staff must be presented in bands of \$100,000. <u>OR</u> The charity discloses that there is no paid staff, being a close member of the family belonging to the Executive Head or a governing board member of the charity, who has received remuneration exceeding \$50,000 during the financial year.	8.5	Complied	
	Public Image			
30	The charity has a documented communication policy on the release of information about the charity and its activities across all media platforms.	9.2	Complied	

Zoom Live



AIC - Mr Tan Kwang Cheak (CEO)



BW Monastery - Mr Boon Chuan Bok



Assyafaah Mosque - Ustaz Muhd Zaki Mahmod



Assyafaah Mosque - Mr Izuan M Rais



Minister for Health Mr Ong Ye Kung



Blossom Seeds - Ong Siew Chin (CEO)



People's Association - Mr Goh Peng Hong



Holy Tree Sri Balasubramaniam Temple - Mr Narainasamy



Darul Makmur Mosque - Ustaz Ruhaizan Abdullah

Unity In Diversity ~ Blossom Vesak 2021



Blossom Seeds
福善

Administered by



Member of



Supported by



Main Office:

Activity Centre for Seniors
105 Canberra Street, #02-01/06
Singapore 750105

Branch Office:

1 Woodlands Drive 16, BW Monastery
Singapore 737764

General Line:

+65 6259 8614 | +65 6259 8642



www.blossomseeds.sg • fb.com/blossomseeds